

Washtenaw County Resource Guide



Created by Community Action Network.

This Washtenaw County Resource Guide lists local community resources ranging from food and meals to mental health services and more. It is designed to assist low-income families seeking specific resources and does not list every possible resource in Washtenaw County.

If you notice any missing or inaccurate information, please contact Community Action Network at info@canwashtenaw.org or (734) 994-2985.

Disclaimer: We cannot vouch for the quality of any of these resources, but are simply sharing that they exist. Please make sure to research a resource to ensure it is the right fit for you and your family.

WASHTENAW COUNTY RESOURCE GUIDE

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Addiction Recovery

Addicted.org

Addicted.org offers an extensive directory outlining drug rehab facilities that are available in Michigan. The listings include long-term rehab, outpatient centers, and detox, as well as relevant accreditations and certifications, and payment options.

Website: https://www.addicted.org/michigan-long-term-drug-rehab.html

Treatment Specialist Phone: (800) 304-2219

Alano Club

Provides space for 12-step meetings each week such as: Alcoholics Anonymous, Narcotics Anonymous, Al-Anon/Alateen, Sex and Love Addicts Anonymous, Gamblers Anonymous, and Sexaholics meetings.

Address: 995 North Maple Road, Ann Arbor, MI 48103

Phone: (734) 668-8138

Website: http://washtenawalano.club/

Alcoholic Management (MHealthy)

The MHealthy individual Alcohol Management Program is a brief, confidential health education program for people with mild to moderate alcohol problems. The program will help individuals learn about alcohol's effects on their health, and develop specific skills needed to drink less alcohol or none at all.

Address: 2025 Traverwood Dr., Suite A3, Ann Arbor, MI 48105

Phone: (734) 998-2017

Email: mhealthvalcoholmgmt@med.umich.edu

Website:

https://hr.umich.edu/benefits-wellness/health-well-being/mhealthy/faculty-staff-well-

being/alcohol-tobacco-programs

Alcoholics Anonymous (AA)- Huron Valley Area Intergroup, Inc.

Huron Valley Area Intergroup, Inc. offers a search engine to locate Alcoholics Anonymous meetings in the Washtenaw County area. The national website outlines how clients can find AA meetings in their area and provides more information about AA.

Address: The Annex, 2727 Fernwood, Ann Arbor, MI 48104

Phone: (734) 482-0707 Help Line: (734) 482-5700 Local Website: www.hvai.org National Website: www.aa.org

Ann Arbor Women's Group

Creates opportunities for women recovering from alcohol and drug addiction to develop and sustain a healthy, sober lifestyle. This group has monthly events for women to attend.

Address: PO Box 3433, Ann Arbor, MI 48106

Phone: (734) 846-4587

Email: info@a2womensgroup.org

Website: https://a2womensgroup.org/

Cocaine Anonymous

Cocaine Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from their addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances.

Phone: (310) 559-5833 Flint- (810) 235-2222

Lansing- (517) 483-7213

Website: www.ca.org

Dawn Farm

The goal of Dawn Farm is to assist addicts and alcoholics in achieving long-term recovery. Dawn Farm will identify and remove barriers that prevent addicts and alcoholics from joining the recovery community. Please call or visit the website for more details on programs offered at Dawn Farm. Programs include: transitional housing, detoxification, residential treatment services, outpatient treatment services, education series, and more.

Address: 6633 Stony Creek Rd., Ypsilanti, MI 48197

Phone: (734) 485-8725

Website: https://www.dawnfarm.org/

DrugRehab.com

DrugRehab.com is a web resource provided and funded by Advanced Recovery Systems (ARS). Since 2015, the website has provided researched, fact-based resources for free. Readers can learn about the risks of various substances, the latest approaches to treatment and real stories of recovery on DrugRehab.com.

Get answers to your questions from the admissions team at Advanced Recovery Systems. Our mission is to give people and their families the knowledge, resources and tools they need to overcome addiction. Call our 24-hour hotline to learn about evidence-based treatment options for drug and alcohol addiction, eating disorders and co-occurring mental health disorders. We can connect you with a treatment center and answer your questions about admissions, costs, insurance and other important topics.

Phone: (877) 589-4784

24/7 Hotline: (855) 789-9197

Website: https://www.drugrehab.com/addiction/hotlines/

https://www.drugrehab.com/guides/suicide-risks/

First Baptist Church of Ann Arbor

Our church building is one of our best partners in the work of transforming the world. Six days a week, our doors are open for various addiction recovery groups to meet to support one another in overcoming addiction to drugs, alcohol, or other addiction. Lives are changed through the work of these groups, and we are honored to be able to provide a home for them as they walk the path of recovery.

Address: 517 E. Washington St., Ann Arbor, MI 48104

Phone: (734) 663-9376 Website: www.fbca2.org

Help.org

Help.org exists to empower people with all the resources and tools they need to start or continue on their journey of recovery. Addiction presents unique challenges for everyone, but with the help and support of other people, anyone can overcome.

To get started in recovery, the first step is to find a rehab facility that will be the right fit for your unique situation – including your level of addiction, your budget, and your availability.

To find resources in Washtenaw County, click "Additional Resources" in the upper righthand corner, then "Top-Rated, Low-Cost Rehabs." From that page, you can click "Official Directory" which will help you find a facility near you.

Website: www.help.org

Home of New Vision

We are passionate about our mission to help people struggling with substance use disorders find a better way of life. Our wide array of treatment services and recovery supports are tailored to the individual needs of each client, and our evidence-based practices assist individuals to achieve a full life recovery.

Address: 3115 Professional Dr., Ann Arbor, MI 48104

Phone: (734) 975-1602

Website: https://homeofnewvision.org/

Marijuana Anonymous

Marijuana Anonymous is a fellowship of people who share our experience, strength, and hope with each other that we may solve our common problem and help others recover from marijuana addiction. There are no dues or fees for membership. MA uses the basic 12 Steps of Recovery founded by Alcoholics Anonymous.

National Website: https://www.marijuana-anonymous.org/

Local Meetings:

First Baptist Church 517 E. Washington Street, Ann Arbor, MI 48104 In-Person Meetings, Fridays from 5:30-6:30pm

Narcotics Anonymous

As a result of attending a few meetings, we begin to feel like we finally belong somewhere. It is in these meetings that we are introduced to the Twelve Steps of Narcotics Anonymous. We learn to work the steps in the order that they are written and to use them on a daily basis. The steps are our solution. They are our survival kit. They are our defense against addiction which is a deadly disease. Our steps are the principles that make our recovery possible.

Mailing Address: WASCNA, P.O. Box 3020, Ann Arbor, MI 48106

Main Phone Line: (800) 230-4085

Website: http://michigan-na.org/washtenaw-area/

Older Adult Recovery Center (OARC), St. Joseph Mercy Chelsea Hospital

Oftentimes, older adults have unique issues with respect to their age group, and can benefit from being in a program with their peers who may be dealing with similar concerns such as health, retirement, depression, or other issues. The OARC program provides older adults with the opportunity to share common experiences and potential solutions to their problems.

Address: 350 N. Main Street, Suite 150, Chelsea, MI 48118

Phone: (734) 593-5251

Website:

https://www.stjoeshealth.org/find-a-service-or-specialty/behavioral-health/older-adult

-recovery-center

Peace Neighborhood Center

PNC provides 12-Step support groups, relapse prevention programs, individual counseling, advocacy for the justice system, family reunification, and lock-down support.

Address: 1111 N. Maple Rd., Ann Arbor, MI 48103

Phone: (734) 662-3564

Email: <u>info@peaceneighborhoodcenter.org</u>
Website: <u>www.peaceneighborhoodcenter.org</u>

RU Recovery Ministries

Reformers Unanimous is a program that uses a unique spiritual approach to develop lifelong sobriety. If you have tried everything else, and are looking for something that "just works," then this is the program for you.

Website: www.rurecovery.com

Enter your zip code in the location search bar and the website will find location-specific address and contact information.

Helpline: (866) 733-6768

Email: weneedu@reformu.com

Start Your Recovery

StartYourRecovery.org provides helpful information for people who are dealing with substance use issues — and their family members, friends, and co-workers, too. The site offers a free search tool for finding recovery resources by location.

Website: https://startyourrecovery.org/treatment Information/resource line: (800) 662-4357

St. Joseph Mercy Hospital

Green Brook Recovery Center offers a full range of chemical dependency services and programs to individuals and their families. Our program features the following services: general assessments, day and evening intensive outpatient, substance abuse education, family therapy and education, psychiatric evaluation, consultation, monitoring, and medication review, dual diagnosis and early recovery groups, individual and group therapy, community education, and adolescent outpatient treatment.

Address: 5401 McAuley Drive, Ann Arbor, MI 48106

Phone: (734) 786-4900

Website: http://www.stjoesannarbor.org/outpatientchemicaldependencyprogram

Hours:

Mon-Thurs, 8:00am-4:30pm

Fri, 8am-4pm

Sat, 10am-4pm (by appointments only)

UM Addiction Treatment Services

We provide treatment to adolescents, adults, and older adults with alcohol and drug problems. Care includes intensive outpatient treatment (both day and evening programs) and regular outpatient treatment (including individual, groups and family therapy). Specialized services are available for outpatient medical detoxification and for patients with simultaneous mood and/or anxiety disorders.

Address: 4250 Plymouth Rd., Ann Arbor, MI 48109

Toll Free: (800) 525-5188 **Phone:** (734) 764-0231

Website:

https://medicine.umich.edu/dept/psychiatry/programs/addiction-center/treatment

VA Medical Center

Please see veteran services for specific programs related to veterans and substance abuse.

Address: 2215 Fuller Rd., Ann Arbor, MI 48105

Phone: (734) 769-7100

Website: www.annarbor.va.gov

Washtenaw County Health Services ACCESS

Health Services Access is the provider of Access, Assessment & Referral (AAR) services for both Washtenaw and Livingston Counties, addressing the substance abuse treatment needs of Medicaid-eligible and low-income uninsured adults and adolescents.

Address: 555 Towner St. P.O. Box 915, Ypsilanti, MI 48197

Local Phone: (734) 544-3050 **Long Distance:** (800) 440-7548

Website:

https://www.washtenaw.org/839/Community-Mental-Health



Clothing

Ann Arbor PTO Thrift Shop

The Ann Arbor PTO Thrift Shop is a nonprofit thrift shop providing low cost clothing and other items. Proceeds go to Parent-Teacher organizations in the Ann Arbor Public School District.

Address: 2280 S. Industrial Hwy., Ann Arbor, MI 48104

Phone: (734) 996-9155

Website: www.a2ptothriftshop.org

Hours: Thu-Sun 10am-6pm

Ann Arbor Thrift Shop

The Ann Arbor Thrift Shop provides emergency social service aid through the sale of donated gently used clothing, housewares and other items. Low cost items are available for purchase. Ann Arbor residents with an emergency need must contact a caseworker at a Social Services agency. If you do not have a caseworker, please contact United Way at 211 for a referral.

Ann Arbor residents may qualify for free clothing voucher(s), but a phone referral from a Social Services agency is required.

Address: 3500 Suite K Washtenaw Ave., Ann Arbor, MI 48104

Phone: (734) 662-6771

Website: www.annarborthriftshop.org

Hours: Mon-Tues, 10am-4pm; Weds, Closed; Thurs-Fri, 10am-4pm; Sat, 10am-1pm;

Sun, Closed

Dress for Success

The mission of Dress for Success is to empower women to achieve economic independence by providing a network of support, professional attire and the development tools to help women thrive in work and in life.

Address: 5361 McAuley Dr., Suite 1125, Ypsilanti, MI 48197

Phone: (734) 712-0517

Website: https://michigan.dressforsuccess.org/

Emmanuel Lutheran Church

Free clothing distribution every Wednesday from 9:00am-10:30am. Anyone can receive a bag of free clothes once a month.

Address: 201 N. River St., Ypsilanti, MI 48198

Phone: (734) 482-7121

Email: ClothesCloset@emmanuelypsi.org

Website: https://www.emmanuelypsi.org/clothes-closet

House by the Side of the Road

House by the Side of the Road's purpose is to provide adequate clothing and small household items at no charge to children and adults. These services are free to clients with limited funds for clothing, bedding, and other household essentials. People come in after family breakup, job loss, fire, or prolonged illness. We also serve those who are homeless, those who are just reentering society from prison, people with mental health issues, recent immigrants, and migrant workers.

Address: 2051 S. State St., Ann Arbor, MI 48104

Phone: (734) 769-4085

Email: housebyroad@gmail.com

Website: https://www.housebythesideoftheroad.org/home.html

Hours: Mon-Fri 10am-2pm

Kiwanis Thrift Sale

The Kiwanis Center sells items in the following categories: indoor, outdoor, and business furniture, sports & exercise, toys, kitchen & household, recreation, decorating, collecting, seasonal, electronics, books, jewelry, lamps, luggage, office supplies, dishes, and clothing.

Address: 100 N. Staebler Rd., Ann Arbor, MI 48103

Phone: (734) 368-9738

Website: http://www.kiwanissale.com/

Hours:

Open to the public Fridays and Saturdays, 9am-1pm

Taking donations Saturdays, 9am-12pm

Salvation Army Thrift Shop

The Salvation Army sells low-cost, second-hand clothing items. Discounts are offered weekly.

Address: 1621 S. State St., Ann Arbor, MI 48104

Phone: (734) 332-3948

Website: http://semichigan.satruck.org/

Hours: Mon-Sat 10am-8pm

The Thrift Depot

The mission is to support local organizations for anyone experiencing homelessness by providing clothing, shoes, and essentials at no cost. Anyone can purchase thrifted items from the Thrift Depot helping to support this mission.

Address: 19 E. Cross St., Ypsilanti, MI 48198

Phone: (734) 905-7499

Website: https://thethriftdepot.com/

Email: info@thethriftdepot.com

Hours: Tue 12:00pm-7:00pm

Wod Fri 10:00pm 5:00pm

Wed-Fri 10:00am-5:00pm Sat 9:00am-12:00pm

Sun-Mon Closed

Ypsilanti Thrift Shop

Founded in 1942, the Ypsilanti Thrift Shop is a resale store, selling items generously donated by people in our community. In turn, we donate all profits to local area charities.

The Thrift Shop of Ypsilanti has reasonably priced clothing and may also help out with other emergency costs for clients of Community Mental Health.

Address: 14 S. Washington St., Ypsilanti, MI 48197

Phone: (734) 483-1226

Website: https://www.ypsithriftshop.org/

Shopping and Donating Hours: Mon, Fri: 1pm-4pm; Tue: 12pm-4pm; Wed, Thur:

10am-4pm; Sat 11am-2pm

Value World

It is our commitment to the customer to provide the largest selection of clothing, housewares, and accessories at the lowest prices, period!

Address: 1410 E. Michigan Ave., Ypsilanti, MI 48198

Phone: (734) 728-4610

Website: www.valueworld.net

Hours: Mon-Sat, 9am-9pm & Sun, 12pm-6pm

Education & Low-Cost Activities

826Michigan

Provides free tutoring to students aged 8-18. Due to Covid, all tutoring is conducted online. Students **must** register for all tutoring sessions.

Address: 115 E Liberty St, Ann Arbor, MI 48104

Phone: 734-761-3463

Email: info@826michigan.org

Website: https://sites.google.com/826michigan.org/online-learning-lab

Languages: Spanish, Arabic, English

America Reads Virtual Tutoring Program

Offers free virtual tutoring services during the COVID pandemic for students in grades K-3. The organization offers two types of tutoring sessions: reading help and general tutoring. Students meet 1-2 times per week for the reading program, and twice or more per week in the general program.

Address: 1024 Hill Street, Ann Arbor, MI 48104

Phone: (734) 763-3548

Website: https://ginsberg.umich.edu/article/america-reads-virtual-tutoring-program

Languages: English

Ann Arbor District Library

There are various activities available at each branch. Speakers, musicians, and activities are available at each location. Please see the website for further information, or call the phone number provided for a list of upcoming activities. AADL is currently hosting many virtual engagement opportunities.

Address: Various locations throughout the Ann Arbor area

Phone: (734) 327-4200 **Website:** <u>www.aadl.org</u>

Ann Arbor Hands-on Museum

The Mission of the Ann Arbor Hands-On Museum is to inspire people to discover the wonder of science, technology, engineering, art, and math. Our Vision is to be the leader in imaginative and interactive learning experiences. Tickets are \$16 for adults and children, or \$3 for EBT/WIC Cardholders.

Address: 220 E. Ann St., Ann Arbor, MI 48104

Phone: (734) 995-5439

Website: https://www.aahom.org/about-us

Ann Arbor Public Schools (AAPS)

The new computer-based GED Test has launched, and GED preparation is necessary to successfully complete this new test. Appropriate instruction in all four subjects of the new test is provided in our GED Prep classes. Our classes are scheduled in both the day and evening at several different sites to better meet the needs of students. Be sure to read our flyers for the exact times and places. Registration is every Monday at 4 p.m. at Pathways to Success High School.

Address: 2800 Stone School Road, Ann Arbor, MI, 48104

Phone: (734) 997-1250

Website: http://www.a2schools.org/Page/7936

Ann Arbor Rec & Ed

Ann Arbor Rec & Ed offers classes, activities, camps, and sports for all ages.

We're proud to offer scholarships to members of the AAPS community who receive Free/Reduced Meals or meet specific HUD income guidelines and residency requirements. View the Fee Waiver/Fee Discount Program page for more information.

Address: 1515 S. 7th St., Ann Arbor, MI 48103

Phone: (734) 994-2300

Website: https://www.a2schools.org/reced

Fee Waiver/Fee Discount Program: https://www.a2schools.org/recedscholarships

Big Brothers, Big Sisters

At Big Brothers Big Sisters of Washtenaw County, we believe in the dignity and worth of all individuals. We believe that each young person deserves unconditional support and acceptance, no matter their race, religion, gender or sexual orientation. We encourage any and all interested young people and potential mentors to inquire and learn more about being in a supportive, developmental mentoring relationship.

Address: 11 W. Michigan Ave. Ypsilanti, MI 48197

Phone: (734) 975-0933

Email: info@bbbswashtenaw.org

Website: https://www.bbbswashtenaw.org/

Briarwood Mall

Briarwood Mall is located three miles south of the University of Michigan. It is the major retail hub for the Ann Arbor market. It is anchored by Macy's, Von Maur, JCPenney and Sears, and complements best of brand retailers like The Apple Store, Michael Kors, Victoria's Secret, Sephora, Athleta, Fossil, LUSH Fresh Handmade Cosmetics, Coach, L'OCCITANE en Provence, Pottery Barn, Vera Bradley, Francesca's, White House/Black Market, Chico's, Banana Republic, LOFT and more.

Address: 100 Briarwood Cir, Ann Arbor, MI 48108

Phone: (734) 769-9610

Website: http://www.simon.com/mall/briarwood-mall

Early Childhood Education Materials

Early Childhood Education materials, put together by Kathryn L. Roberts, Ph.D, Associate Professor of Reading, Language and Literature and Director of Doctoral Programs at Wayne State University during the COVID-19 related closures. CAN is grateful for her time and support!

Link to resources in CAN's Google Drive folder.

Address: PO Box 130076, Ann Arbor, MI 48113

Phone: (734) 994-2985

Email: info@canwashtenaw.org

Eastern Michigan University's MAGIC Program

Mentorship Access Guidance In College exists to increase the graduation rates among students who have experienced foster care or homelessness by removing barriers that interfere with academic success and the process of becoming an interdependent adult.

Address: 301 Pierce Hall, Ypsilanti, MI 48197

Phone: (734) 487-0899

Website: https://www.emich.edu/asp/programs/magic/about/index.php

Email: emu magic@emich.edu

Growing Hope

Growing Hope helps people improve their lives and communities through gardening and healthy food access.

Address: 922 W. Michigan Ave., Ypsilanti, MI 48197

Phone: (734) 786-8401

Website: <u>www.growinghope.net</u>

Language Link School

Offers ESL classes at all levels for all ages. Accent reduction classes as well as TOEFL prep classes are also available. Times are flexible to accommodate working professionals. Due to Covid, all classes are currently remote.

Address: 416 W Huron St Ste 8 Ann Arbor, MI 48103

Phone: 734-945-1743

Website: http://www.languagelinkus.org/

Languages: Spanish, English

MDHHS Tuition Incentive Program (TIP)

TIP is an incentive program that encourages eligible students to complete high school by providing tuition assistance for the first two years of college and beyond. To meet the financial eligibility requirement, a student must have (or have had) Medicaid coverage for 24 months within a 36-consecutive month period as identified by the Michigan Department of Health and Human Services (MDHHS).

Website for Fact Sheet:

https://www.michigan.gov/mistudentaid/0,4636,7-372--481218--,00.html

Matthaei Botanical Gardens and Nichols Arboretum

At the Matthaei Botanical Gardens, you'll find the conservatory, gift shop, classroom and meeting spaces, display gardens such as the Gaffield Children's Garden, Bonsai & Penjing Garden, Great Lakes Gardens, and more; and many trails and natural areas. The Botanical Gardens are free and open 7 days a week. Nichols Arboretum is a haven for students, U-M and hospital staff, and visitors year-round. The Arb is free and open 7 days a week from sunrise to sunset.

Matthaei Botanical Garden Address: 1800 N. Dixboro Rd., Ann Arbor, MI 48105

Nichols Arboretum Address: 1610 Washington Heights, Ann Arbor, MI 48104

Phone: (734) 647-7600

Website: https://mbgna.umich.edu/

Meri Lou Murray Recreation Center

Offers fitness classes, activities, and summer day camps for lower rates for clients. If a client participates in nutrition and fitness classes with Community Mental Health, they may be able to get a full-day pass for the rest of the day.

Address: 2960 Washtenaw Ave., Ann Arbor, MI 48104

Phone: (734) 971-6355

Website: https://www.washtenaw.org/497/Meri-Lou-Murray-Recreation-Center

Neutral Zone

The Neutral Zone is a diverse, youth-driven teen center dedicated to promoting personal growth through artistic expression, community leadership and the exchange of ideas.

Address: 310 E. Washington St., Ann Arbor, MI 48104

Phone: (734) 214-9995

Website: http://neutral-zone.org/

Hours: Mon-Thurs, 2:30pm-8pm & Fri, 2:30pm-6:00pm

Ozone House Drop-In Center

At The Ozone Drop-in Center, youth 13-20 can eat a hot meal, use the shower or laundry, play games, talk to a job coach, hang out in a safe place, and get help.

Address: 102 N. Hamilton St., Ypsilanti, MI 48197

Phone: (734) 485-2222

Crisis Line: Call or text (734) 662-2222

Website: http://ozonehouse.org/

Hours:

Mon-Thurs 3pm-5pm, (PrideZone: 6-8pm on Thurs)

SOS Community Services

SOS Community Services is a community-based nonprofit. We are dedicated to preventing and ending family homelessness in Washtenaw County through partnerships with caring individuals, local businesses and organizations, social service agencies and professionals.

As parents work toward regaining stability in their families, SOS offers them home visits and help planning for parenting and children's needs. The SOS Parents as Teachers (PAT) Program provides a home visitation program for families who have children age 5 or younger. SOS PAT supports parents to be their children's first and most important teachers. Parents learn how to foster healthy growth and development for their children. PAT includes parent-child play groups, individual in-home meetings with parents, developmental screenings for children, connections with community resources, and evaluations.

This program enrolls both families involved in SOS housing programs, and families in the community that meet the eligibility requirements. To learn more information about how to enroll you and your child in SOS PAT call 734-484-9944.

Address: 101 S. Huron St. Ypsilanti, MI 48197

Phone: (734) 485-8730 **Email:** info@soscs.org

Website: https://soscs.org/for-kids/

University of Michigan League

The Michigan League provides the University community with elegant facilities and superb catering services, providing the perfect location and atmosphere for meetings and special events.

The League also houses a convenience store and information desk, computer stations, several eateries, and various sitting areas, including space in the charming garden. Visit the League for a quick bite to eat, an engaging meeting, or a pleasant overnight stay.

Address: 911 N. University Ave., Ann Arbor, MI 48109

Phone: (734) 936-0869

Website: https://uunions.umich.edu/league

Washtenaw Community College: Adult Transitions Pathways

Almost every job that pays well requires some college education. But how do you get that education when so many things stand in your way? Basic services include: Academic Skills Improvement; Counseling and Support Services; College and Job Skills Development; Individual Tutoring; GED Preparation; and ESL classes. Need more information on the GED Program? Call for orientation times and dates.

Phone: (734) 677-5006

Email: adulttransitions@wccnet.edu

Website: http://www.wccnet.edu/services/adulttransitions/

WACC- Washtenaw Area Council for Children

As the Michigan's children's Trust Fund's designated agency for the prevention of child abuse and neglect for Washtenaw County, we're in the business of ending victimization before it happens. We offer educational services and programs to all walks of life in our community; children, teens, parents, community members, and youth-serving professionals throughout Washtenaw County are our partners in the journey toward a safer tomorrow.

Address: 3075 W. Clark Rd, Suite 110 Ypsilanti, MI 48197

Phone: (734) 434-4215

Website: https://soscs.org/for-kids/

WASHTENAW COUNTY RESOURCE GUIDE

Washtenaw Literacy

Washtenaw Literacy provides free one-on-one tutoring for adults over 16 years of age who live in Washtenaw County and who have trouble with reading and writing. The tutoring sessions are individualized so you can choose when and where would be most convenient for you. The Family Literacy Program helps parents read with their kids. These programs are open to English as a Second Language (ESL) learners as well.

Address: 5577 Whittaker Rd., Ypsilanti, MI, 48197

Phone: (734) 337-3338

Website: http://washtenawliteracy.org

Ypsilanti District Library

There are various activities available such as computer classes, meditation classes, and more. Please call or visit their website for a full list of activities and a calendar of events.

Address: multiple locations, please see website for hours and locations

Phone: (734) 482-4110

Website: <u>www.ypsilibrary.org</u>



Emergency Hotlines

Ann Arbor Police Department

Mission Statement: to provide protection and service to all.

Address: 301 E. Huron St., 2nd floor, Ann Arbor, MI 48104

Front Desk Phone: (734) 794-6920 Anonymous Tip Line: (734) 794-6939

Emergency Phone: 911

Non-Emergency Phone: (734) 994-2911

Child/Adult Protective Services

Call this number to report any instance of harm to children or vulnerable/disabled adults. Children's Protective Services and Adult Protective Services investigate allegations of abuse, neglect, or exploitation and provide protection to the vulnerable.

Abuse and Neglect Hotline: (855) 444-3911

Website: https://www.michigan.gov/mdhhs/0,5885,7-339-73971 7119---,00.html

DrugRehab.com

DrugRehab.com is a web resource provided and funded by Advanced Recovery Systems (ARS). Since 2015, the website has provided researched, fact-based resources for free. Readers can learn about the risks of various substances, the latest approaches to treatment and real stories of recovery on DrugRehab.com.

Get answers to your questions from the admissions team at Advanced Recovery Systems. Our mission is to give people and their families the knowledge, resources and tools they need to overcome addiction. Call our 24-hour hotline to learn about evidence-based treatment options for drug and alcohol addiction, eating disorders and co-occurring mental health disorders. We can connect you with a treatment center and answer your questions about admissions, costs, insurance and other important topics.

Phone: (877) 589-4784

24/7 Hotline: (855) 789-9197

Website: https://www.drugrehab.com/addiction/hotlines/

https://www.drugrehab.com/guides/suicide-risks/

Housing Access for Washtenaw County (HAWC)

Our crisis services provide a stop-gap for families facing temporary hardships so that the emergency remains just that- temporary. We help families access food, housing resources, and shelter so that they can emerge from a moment of crisis to a place of strength.

Phone: (734) 961-1999

Website: www.housingaccess.net

Email: HAWC.Washtenaw@usc.salvationarmy.org

National Domestic Violence Hotline

Hotline advocates are available for victims and anyone calling on their behalf to provide crisis intervention, safety planning, information, and referrals to agencies in all 50 states, Puerto Rico and the U.S. Virgin Islands. Assistance is available in English and Spanish with access to more than 170 languages through interpreter services.

Phone: (800) 799-7233

Website: http://www.thehotline.org

National Sexual Assault Telephone Hotline

Calling the National Sexual Assault Hotline gives you access to a range of free services including: confidential support from a trained staff member, information about medical concerns and laws in your community, and local resources that can assist with your next steps toward healing and recovery.

Phone: (800) 656-4673 **SMS:** Text START to 88788

Website: https://www.rainn.org/about-national-sexual-assault-telephone-hotline

National Suicide Prevention Lifeline

If you're thinking about suicide, are worried about a friend or loved one, or would like emotional support, the Lifeline network is available 24/7 across the United States.

National Suicide Prevention Lifeline: 988

Nacional de Prevención del Suicidio: 1-888-628-9454

Options for Deaf and Hard of Hearing: Use online chat option (website below) or

for TTY users, dial 711, then 988

Veterans Crisis Line: 1-800-273-8255 press 1 (or text 838255)

Disaster Distress Helpline: 1-800-985-5990 (or text TalkWithUs to 66746)

Website: https://988lifeline.org/?scrlybrkr

Ozone House

This crisis line is staffed by trained volunteers who will actually listen to someone who is in crisis, and will help with problem-solving and emotional relief. The crisis line is for teenagers, but they will not turn away those who are outside the age of 10-20.

Phone: (734) 662-2265

24/7 Crisis Line: (734) 662-2222 **Text:** "OZONE" to (734) 662-2222

Website: www.ozonehouse.org (Online chat option also available)

Pittsfield Police Department

Mission: The mission of the Department of Public Safety is to provide exceptional police and fire services to safeguard lives and property in our community, while demonstrating the highest standards of leadership, professionalism and integrity, and to serve our community with compassion and dedication while respecting the rights and dignity of all persons.

Address: 6227 W. Michigan Ave., Ann Arbor, MI, 48108

Non-emergency Phone: (734) 822-4911

Emergency Phone: 911

Confidential TIP Line: (734) 822-4958

Poison Control

This hotline provides emergency information for those who have been exposed to harmful substances.

Phone: (800) 222-1222 Website: www.poison.org

SafeHouse Center

SafeHouse Center offers a domestic violence helpline, but also offers short term counseling, court advocacy, and temporary shelter for victims of domestic violence and sexual assault.

Address: 4100 Clark Rd., Ann Arbor, MI 48105

Lobby Hours: Mon-Fri 9am-5pm **24/7 Helpline:** (734) 995-5444

Website: http://www.safehousecenter.org

Trevor Helpline

This hotline assists LGBTQI youth with information as well as a listening ear for when an individual is going through a crisis. This hotline focuses on suicide prevention.

Phone: 1-866-488-7386 **Text:** START to 678-678

Website: www.thetrevorproject.org (Online chat also available)

United Way 211

United Way 211 provides information and referrals to human services, for everyday needs and times of crisis.

Phone: 211

Website: <u>www.211.org</u> or <u>https://www.uwwashtenaw.org/211</u>

University of Michigan Psych Emergency Services (PES)

Psychiatric Emergency Services (PES) provides emergency/urgent walk-in evaluation and crisis phone services available 24 hours a day, 7 days a week, for people of all ages. The following services are provided; psychiatric evaluation, treatment recommendations; crisis intervention; screening for inpatient psychiatric hospitalization and mental health and substance abuse treatment referral information.

Clinic Address: University Hospital, 1500 East Medical Center Drive, Ann Arbor, MI

48109

Crisis Line: (734) 936-5900 or (734) 996-4747

Washtenaw County Community Mental Health

We provide mental health services to adults with a severe and persistent mental illness, children with a severe emotional disturbance, and individuals with a developmental disability, residing in the county. To receive services:call Access at 734-544-3050 or 800-440-7548 at any time.

Address: 555 Towner, Ypsilanti, MI 48198

Phone: (734) 544-3050 or (800) 440-7548 (long distance)

Website: https://www.washtenaw.org/839/Community-Mental-Health

Washtenaw County Office of the Sheriff

Serving a population in excess of 350,000 residents spread across 25 local units of government, the Sheriff's Office focuses on building strong local communities through quality public safety and social justice services for all of Washtenaw County.

Address: 2201 Hogback Rd., Ann Arbor, MI 48105

General Info: (734) 971-8400

Non-emergency Phone: (734) 994-2911



WASHTENAW COUNTY RESOURCE GUIDE

Ypsilanti Police Department

Mission: Working in partnership with the community, the members of the Ypsilanti Police Department are dedicated to improving the quality of life and providing a safe environment within the community and the organization.

Address: 505 W. Michigan Ave., Ypsilanti, MI 48197

Emergency Phone: 911

Non-emergency Phone: (734) 483-9510



Employment

Adecco

Adecco offers an employment database as well as free career advice, resume counseling, interview assistance, and more.

Address: 2835 Carpenter Road, Ann Arbor, MI 48108

Phone: (734) 975-2342

Website: www.adeccousa.com
Hours: Mon-Fri 8:00am-5:00pm

Ann Arbor Center for Independent Living

Ann Arbor Center for Independent Living provides educational services, job-search preparation, referrals, skill development, and youth and recreation groups for those with disabilities

Address: 3941 Research Park Drive, Ann Arbor, MI 48108

Phone: (734) 971-0277

Website: http://www.annarborcil.org/ Hours: Mon-Fri 8:30am-4:30am

Email: info@aacil.org

CSS Offender Success Program

The Offender Success Program provides recently incarcerated individuals a plan of services, supervision, and opportunities delivered through state and regional collaboration with the goal of obtaining employment and self-sufficiency.

Address: 4925 Packard St., Ann Arbor, MI

Phone: (734) 971-9781

Website: https://csswashtenaw.org/bhs/offender-success/

Center for Education of Women-University of Michigan

Center for Education of Women provides counseling regarding academic, career, and life issues as well as job assistance.

Address: 330 E. Liberty St. 2nd Floor, Ann Arbor, MI 48104

Phone: (734) 764-6005

Email: contactcew@umich.edu

Website: http://www.cew.umich.edu/

Hours: Tue, 1-4 pm and Wed-Fri, 8:30am-4:00pm

Community Outreach Program- Washtenaw County Sheriff's Office

The Community Outreach Program hires individuals who have been involved with the criminal justice system. Participants receive training and support to invest in themselves, thereby reducing the likelihood of re-offending.

Address: 2201 Hogback Road, Ann Arbor, MI 48105

Phone: (734) 973-4862

Email: gundym@washtenaw.org

Website: https://www.washtenaw.org/2500/Community-Outreach-Team

Food Gatherers Community Kitchen Job Training Program

Food Gatherers provides low-income and at-risk youth (ages 17-24) with instruction in basic culinary arts, food safety and sanitation, work ethics, and life skills. Seasonal program, call for details.

Address: 312 West Huron St., Ann Arbor, MI 48103

Phone: (734) 761-2796

Website:

http://www.foodgatherers.org/?module=Page&sID=employment-opportunities

Email: jobs@foodgatherers.org



WASHTENAW COUNTY RESOURCE GUIDE

Kelly Services

Kelly Services is an organization that helps find individuals temporary employment in a multitude of areas.

Address: 900 Victors Way, Suite 160, Ann Arbor, MI 48108

Phone: (734) 761-5700

Website: www.kellyservices.us
Hours: Mon-Fri, 8:30am-5pm

MS Companies

MS Companies is bridging the gap between the manufacturing industry and the rapidly growing tech industry. As a data-driven technology company we provide our customers with workforce solutions to increase efficiencies, while also serving as a gateway to the gig economy.

Apply for a job through MS Companies to get connected to a potential employer.

Website: https://careers.mscompanies.com/s/

Manpower

The Manpower website offers listings of jobs that are currently available as well as training and development tools. They focus on manufacturing health care, and administrative job categories.

Address: 173 Parkland Plaza, Suite D, Ann Arbor, MI 48103

Phone: (734) 665-3757

Website: http://manpowermi.com
Email: staff@manpowermi.com
Hours: Mon-Fri, 8am-5pm

Masterson Staffing Solutions

This organization not only provides quality and reliable services, but brings talented workers and great companies together. Their website has a job seekers section that offers tips on interviewing, resume building, and communication, as well as a catalog for those seeking jobs. Their team specializes in recruiting and staffing for a variety of light industrial including production, manufacturing, and distribution.

Michigan Branch:

Address: 801 S. Wayne Rd, Westland, MI 48186

Phone: (734) 677-2600

Website:

https://www.mastersonstaffing.com/locations/location-categories/michigan/westland/

Email: annarbor2@mastersonstaffing.com

Michigan Ability Partners (MAP)

MAP provides job placement amongst other services for veterans, people with disabilities, mental illness, addictions, and homelessness.

Address: 3810 Packard Rd., Suite 260, Ann Arbor, MI 48108

Phone: (734) 975-6880

Email: info@mapagency.org
Website: www.mapagency.org

Contact Us: https://www.mapagency.org/contact

Hours:

Mon, Wed, and Fri 8:30am-12:00pm & 1:00pm-4:30pm

Michigan Helping Hands Program

This website helps Michigan citizens facing economic hardship find the services they need. Simply click on one of the five tabs for links to information about jobs and training, unemployment benefits, health care, family support, and housing.

Website: http://www.michigan.gov/helpinghand

Michigan Rehabilitation Services (MRS)

Michigan Rehabilitation Services (MRS) partners with individuals and employers to achieve quality employment outcomes and independence for individuals with disabilities. Intakes are generally done on Mondays, and an application packet must be completed before services are opened.

Address: 3810 Packard Rd., Suite 170, Ann Arbor, MI 48108

Phone: (734) 677-1125

Website: https://www.michigan.gov/leo/bureaus-agencies/mrs

Email: MRS-CustomerAssistance@michigan.gov

Michigan Works! Harriet Street Center

The mission of the Michigan Works! Harriet Street Center is to improve people's access to employment. They offer one-on-one career counseling, free workshops on topics such as interview preparation and resume building, and job fairs on the first and third Thursdays of every month.

Address: 304 Harriet Street, Ypsilanti, MI 48197

Phone: (734) 714-9814

Website: https://www.mwse.org/

Robert Half

Recruiters at our Ann Arbor, MI office understand the local job market and can help candidates and hiring managers with their employment needs. Robert Half has been connecting job seekers with leading employers for nearly seven decades. Contact our Ann Arbor office to speak with a recruiter today.

Address: 455 E. Eisenhower, Suite 350, Ann Arbor, MI 48105

Phone: (734) 887-1942

Website: https://www.roberthalf.com/locations/mi-ann-arbor/455-east-eisenhower

Hours: 8:00am-6:00pm

SCORE

SCORE offers free mentoring and affordable workshops for people who are in business or want to start a business. SCORE provides free and confidential business advice and mentoring tailored to meet the needs of your small business and personal objectives.

Address: 1100 N Main St., Ste 109, Ann Arbor, MI 48104

Phone: (734) 929-1121

Website: https://annarborarea.score.org/
Email: admin.o655@scorevolunteer.org

The Women's Center of Southeastern Michigan

The Women's Center provides affordable job coaching services and workshops that take into consideration the unique challenges that women face.

Address: 1100 Victors Way, #10, Ann Arbor, MI 48108

Phone: (734) 973-6779

Website: www.womenscentersemi.org
Email: info@womenscentersemi.org

Hours: Mon-Fri, 9am-5pm

<u>University of Michigan Temp Service</u>

University of Michigan Temp Services is an agency that places workers in university positions. Their temporary positions range from a half day up to one year and cover situations such as special projects, events, workflow peaks, unscheduled absences, scheduled leaves or vacations, and pending recruitment for regular positions.

Address:

3003 S. State Suite G250 (Wolverine Tower)

Ann Arbor, MI 48109 **Phone:** (734) 763-5740 **Email:** temps@umich.edu

Website: http://www.hr.umich.edu/temps/

Financial Assistance

AARP Tax Aide

AARP Foundation Tax-Aide offers free, individualized tax preparation for low to moderate-income taxpayers – especially those 50 and older – at nearly 5,000 locations nationwide.

Phone: (888) 687-2277

Find a Tax-Aide location near you:

https://secure.aarp.org/applications/VMISLocator/searchTaxAideLocations.action

Email: taxaide@aarp.org

Ann Arbor Thrift Shop

Ann Arbor Thrift Shop members answer requests from social service case workers on behalf of people who need emergency aid for clothing, housing, utility bill payment, medical or dental care, car repair and transportation. Services are available to Ann Arbor residents only. A referral is required for assistance.

Address: 3500 Washtenaw Ave., Suite K, Ann Arbor, MI 48104

Phone: (734) 662-6771

Website: www.annarborthriftshop.org

Hours: Mon-Sat, 10am-4pm

B&B Payee Services

B&B Payee Services provides Representative Payee Services, Federal Fiduciary Services, Conservator Services and Financial Management assistance. They help all who are experiencing financial obstacles, including those with disabilities, low income, or receiving Social Security and/or Veterans benefits.

Address: 124 Pearl St., Ypsilanti, MI 48197

Phone: (734) 480-1347

Website: https://www.bbpayeeservices.org/

Email: info@bbpaveeservices.org

Catholic Social Services Tax Assistance Program

Tax preparation volunteers are trained annually to help Washtenaw County limited-income seniors and adults with disabilities file simple income tax returns and credits.

Phone: (734) 712-0588

Website: https://csswashtenaw.org/seniors/tax-assistance-program/

Department of Health & Human Services (DHHS)

The Michigan DHHS provides income supplement programs for individuals who are temporarily or permanently disabled, who lack money for food, shelter, and utilities. These include: Food Stamps, Child Support Programs, Day Care Services, Work First Program (employment and job training), Low Income Energy Assistance Programs (LIEAP), Medicaid, and State Disability Assistance (SDA).

Address: 22 Center Street, Ypsilanti, MI 48198

Phone: (734) 481-2000

Website: http://www.michigan.gov/mdhhs

FreeGrantsForVeterans

Our website provides comprehensive details on grants for veterans. These grants are given away for free, and they could help low income veterans with bills, mortgage, rent, housing, college, and medications. Please note that grants are only given for veterans who can prove financial difficulties. Apply for multiple grants to ensure your needs are met.

We offer information on the following: (1) grants for rent (2) housing assistance (3) help with bills (4) education grants (5) medical bills grants (6) business grants

Website: http://freegrantsforveterans.org/grants-for-veterans-in-michigan/

Friends In Deed

The Direct Assistance Program helps families prevent utility shut off, repair a car to get to work or medical appointments, obtain a prescription or other one-time medical needs and more.

Address: 1196 Ecorse Rd., Ypsilanti, MI 48198

Help Line: (734) 484-4357

Furniture Line: (734) 484-7607 **Circles Line:** (734) 485-7658

Administrative Line: (734) 485-7658
Website: http://www.friendsindeedmi.org/

Email: Office@FriendsInDeedMI.org
Hours: Mon-Fri, 9:30am-2:30pm

GreenPath Debt Solutions

Since 1961, GreenPath has been helping people regain control of their finances --- and their lives. In addition to other services, GreenPath offers free credit counseling and debt counseling to help ease your financial stress, address your financial concerns, and develop a plan for living a financially healthy life. Financial counseling is available via telephone.

Phone: (800) 550-1961

Website: http://www.greenpath.com/

Housing Bureau for Seniors

In partnership with AARP, they host free tax assistance programs throughout the tax season.

Address: Housing Bureau for Seniors, 3621 S. State Street, Door #710, Ann Arbor, MI

48108

Phone: (734) 998-9339

Website: https://www.uofmhealth.org/hbs/housing-bureau-seniors-home

Email: housingbureauseniors@umich.edu

Low-Income Taxpayer Clinic

They help low-income taxpayers tackle and resolve issues with the Internal Revenue Service (IRS).

Address: 701 S State St, Ann Arbor, MI 48109

Website: https://www.law.umich.edu/clinical/litc/Pages/default.aspx

Phone: (734) 936-3535

Michigan Ability Partners (MAP)

MAP representative payees handle disabled clients' financial affairs from paying bills and distributing clients' allowance, to helping them develop a budget, building personal financial management skills, repairing credit, and in most cases regaining independence over their financial affairs.

Address: 3810 Packard Rd., Suite 260, Ann Arbor, MI 48108

Phone: (734) 975-6880

Email: info@mapagency.org

Website: https://www.mapagency.org/

Michigan Free Tax Help

Whether or not you owe any income tax, if you are a Michigan taxpayer, you can get FREE help in completing your income taxes by an IRS trained volunteer income tax assistance (VITA) or tax counseling for the elderly (TCE) preparer.

Navigate this website to learn more about VITA, the EITC, organizations that offer free tax assistance, and more.

Website: http://michiganfreetaxhelp.org/

Michigan Helping Hand Program

This website helps Michigan citizens facing economic hardship find the services they need. Simply click on one of the five tabs for links to information about jobs and training, unemployment benefits, health care, family support, and housing.

Website: https://www.michigan.gov/helpinghand

Social Security Administration

This is the location to apply for social security retirement or disability benefits.

Address: 3971 Research Park Drive, Suite A, Ann Arbor, MI 48108

Phone: (800) 772-1213 **Website:** <u>www.ssa.gov</u>

St. Francis

This organization can help you prepare returns if income is \$45,000.00 or less. Call the Parish Office at (734) 821-2121 to make a 45-minute appointment. No walk-ins! Please call to make an appointment.

Address: 2150 Frieze Ave, Ann Arbor, MI 48104

Phone: (734) 821-2121

Website: https://www.stfrancisa2.com/tax-help/

Hours: Every Saturday, February through April, 10:30 am to 2:00 pm

Synod

Synod's Representative Payee Program provides financial management of Veterans, Social Security and SSI benefits on behalf of individuals who have difficulty using their payments to meet their basic needs. A representative payee helps beneficiaries who need assistance in managing their benefits.

Address: 615 S Mansfield St, Ypsilanti, MI 48198

Phone: (734) 483-9363

Website: http://www.synodhelps.org/

<u>UnitedHealthcare Dual Special Needs Plans (DSNP)</u>

Some people have both Medicare and Medicaid. If so, they could be "dual eligible." That's where dual special needs plans — or "dual" plans — come in. Dual plans combine the benefits of both Medicare and Medicaid into one simple health plan. If you have Medicare and Medicaid, chances are you could qualify for a dual plan.

Dual plans offer extra benefits at no extra cost.

Dual plans go beyond either Medicaid or Original Medicare alone. You'll still keep the Medicaid benefits you get today. And better yet, with a dual plan, you could get many extra benefits and features than Original Medicare at no extra cost. These extra benefits may include:

- Dental care, plus credit for restorative work.
- Eye exams, plus credit for eyewear.
- Hearing exams, plus credit for hearing devices.
- Rides to health care visits and the pharmacy.
- Credits to buy hundreds of health-related products.

Phone: (855) 933-1757, TTY 711

Website:

https://dsnp.uhccommunityplan.com/call/mi?cid=ps:2020-dsnp-acquisition:72e9410d &WT.mc id=8014469&gclid=EAIaIQobChMIltnBo5L35gIVhMDACh2itgl9EAAYASAA EgIMQPD BwE&gclsrc=aw.ds

https://www.uhccommunityplan.com/mi

United Way of Washtenaw County

United Way of Washtenaw County offers free tax help by appointment.

Address: 2305 Platt Road, MI 48104

Phone: (734) 971-8200

Website: https://www.uwwashtenaw.org/freetaxhelp

Email: liveunited@uwwashtenaw.org



WASHTENAW COUNTY RESOURCE GUIDE

Veteran Affairs

The VA provides accurate, efficient and timely services to ensure delivery of benefits to veterans and their families. They may be able to assist veterans in an emergency.

Address: 2155 Hogback Rd., Ann Arbor, MI 48108

Mailing Address: P.O. Box 8645, Ann Arbor, MI 48107-8645

Phone: (734) 973-4540

Website: https://www.washtenaw.org/959/Veterans-Affairs



Food and Meals

Ann Arbor Meals on Wheels

Ann Arbor's Meals on Wheels program reduces hunger and food insecurity for homebound adults (age 18+) in Ann Arbor who are frail, medically compromised, or have a short- or long-term disability that impacts their ability to shop and prepare complete, nutritious meals. Meals are delivered Monday-Saturday; Call for more details.

Address: 3261 S. State Street, Suite 650, Ann Arbor, MI 48108

Phone: (734) 998-6686

Website:

https://www.uofmhealth.org/patient-visitor-guide/aameals-on-wheels/home

Brown Chapel A.M.E Church

Free Hot Meals & Food Distribution every Friday from 11am-12:30pm.

Address: 1043 W. Michigan Ave, Ypsilanti, MI, 48197

Phone: (734) 482-7050

Website: https://www.bcamecy.org/events

Bryant Community Center

The Bryant Community Center food distributions and pantry are available Monday-Friday. Restocking occurs on Monday, Wednesday, and Thursday mornings.

Participants should bring a photo I.D. and proof dependents live in their household, if possible.

Food Pantry/Distribution Hours:

Monday-Thursday: 10am-3pm

Friday: 10am-2pm

Address: 3 W. Eden Ct., Ann Arbor, MI 48108

Phone: (734) 477-0292

Website: https://www.canwashtenaw.org/bryant

Email: info@canwashtenaw..org

Catholic Social Services

The CSS Emergency Food Program distributes groceries and personal care items to low-income families and individuals on a monthly and/or emergency basis. Clients are also given referrals to other agencies for clothing and other critical services as needed on Tuesdays from 8:30am-12:00pm.

The Emergency Food Program welcomes donations of food and personal items. Please call in advance to schedule a drop-off time.

Address:

Northside Community Center 815 Taylor Street, Ann Arbor, MI 48105

Phone: (734) 662-4462

Website: https://csswashtenaw.org/family-children/cssw-food-pantry/

Hours:

Tuesdays, 2pm-5:30pm Thursdays, 10am-2:30pm

Christian Life Center Church

Food distribution is every 2nd and 4th Tuesday from 2:00-4:00pm.

Address: 2146 Moeller Ave, Ypsilanti MI, 48198

Phone: (734) 485-4670

Website: https://www.facebook.com/ChristianLifeCenterYpsilanti/?scrlybrkr

Corner Health Center

The Corner Health Center food pantry is open during business hours. If you are a patient, you get to pick one bag worth of food. If you are not a patient, a bag is picked for you.

Address: 47 N. Huron St., Ypsilanti, MI 48197

Phone: (734) 484-3600

Website:

https://cornerhealth.org/services/support-services/corner-store-food-pantry/

Hours: Make an appointment on their website.

Emmanuel Lutheran Church

Food distributions are on Wednesdays and Thursdays from 3-3:45pm. A free, hot dinner is served every Tuesday at 5pm.

Address: 201 N. River St., Ypsilanti, MI, 48198

Phone: (734) 482-7121

Website: http://emmanuelypsi.org

Faith in Action- Dexter

Food pantry hours are Wednesdays 12pm-7pm

Address: 7651 Dan Hoey Rd. Community Building "C", Dexter, MI 48130

Phone: (734) 426-7002

Website: http://www.faithinaction1.org

Hours: Mon 9am-4pm, Wed 12pm-7pm, Fri 10am-2pm

First Baptist Church of Ann Arbor

Hot meals are served every Tuesday at 5:30pm.

Address: 517 E. Washington St., Ann Arbor, MI, 48104

Phone: (734) 663-9376

Website: https://www.fbca2.org/

Food Gatherers Map & List of Programs

Food Gatherers works with more than 150 partner programs throughout Washtenaw County. Many of these programs are open to the public and make food available to eligible community members.

Website: https://www.foodgatherers.org/foodresources/

Gleaners

Emergency food assistance resources.

Website: https://www.gcfb.org/fighting-hunger/get-help/

can WASHTENAW COUNTY RESOURCE GUIDE

Hope Clinic

Food pantry: Provides food to families and individuals in need and is located in the Hope Center building, 518 Harriet St., Ypsilanti. *By appointment - please call* (734) 484-2989 *to make an appointment*. One appointment is available per family per month.

Walk-up groceries (without appointment) If you need food, and still have time before your next appointment, you are welcome to come to walk-up groceries at the Farm Stand located at 454 Harriet St. Walk-up groceries are available Mon 9:30am-12pm, Thurs 12:30pm-3pm, Sat 11:00am-12:30pm.

Fresh produce: Additional fresh produce is available at the Hope Clinic Farm Stand, 454 Harriet St. on Monday, Wednesday, and Friday evenings, 4-6 pm. You must call (734) 484-2989 in advance to reserve a spot and may come once a week.

Delivery: Can't pick up groceries? If you are unable to pick up groceries due to mobility, transportation, or health concerns, Hope Clinic offers grocery delivery! You can choose to get your delivery either Wednesday or Friday, and it will come between 1-4pm. Call 734-484-2989 Mon-Thurs from 9 AM - 4 PM to reserve a delivery.

Hot meals: Free carry out hot meals are served Sat-Tues and Thurs-Fri from 5:00-6:00pm at the Hope Clinic (518 Harriet St., Ypsilanti, MI, 48197).

Address: 518 Harriet St., Ypsilanti, MI, 48197

Phone: (734) 484-2989

Website: https://thehopeclinic.org/get-food

Jewish Family Services

The JFS Specialty Food Pantry program is available to individuals and families in need throughout Washtenaw County. The Specialty Food Pantry program at JFS also offers food delivery to homebound older adult clients.

Address: 2245 S. State St., Ste. 200, Ann Arbor, MI 48104

Email: info@jfsannarbor.org

Phone: (734) 769-0209

Website:

https://jfsannarbor.org/programs-services/clinical-community-services/food-pantry

Pantry Hours: Tues, Thurs, 11am-4pm

Lincoln Senior Center

Contact Lincoln Senior center for availability of hot meals at (734) 483-8366.

Address: 8970 Whittaker Rd., Ypsilanti, MI, 48197

Phone: (734) 483-8366

(734) 484-7000 ext. 7557

Website: http://www.lincolnk12.org/community-partners/lincoln-golden-ages/

MI Bridges

The MI Bridges website lets individuals apply for the Food Assistance Program (FAP), which provides benefits to buy or grow food. The website allows you to apply for different benefits, manage your case and explore resources.

Website: https://newmibridges.michigan.gov

Messias Temple Church

The Messias Temple Church food pantry is open year-round from 2:30-4:00pm on Mondays. Hot meals are available 2:30-4:00pm on Mondays from October to March.

Address: 200 Harriet St., Ypsilanti, MI, 48197

Phone: (734) 483-8092

Website: http://www.messiastemple.org

Michigan Helping Hand Program

This website helps Michigan citizens facing economic hardship find the services they need. Simply click on one of the five tabs for links to information about jobs and training, unemployment benefits, health care, family support, and housing.

Website: https://www.michigan.gov/helpinghand

Packard Health

Food Pantries at Packard Main and Packard West supply groceries to patients in need. They also offer nutrition advice and food stability planning services. Must be a client of Packard Health to receive food. Hours for both pantries are Mon-Fri 8:30am-12:00pm and 1:00pm-4:30pm.

Packard Health- Main Address: 2650 Carpenter Road., Ann Arbor, MI 48108

Packard Health- West Address: 1915 Pauline Boulevard, Ann Arbor, MI 48103

Phone: (734) 971-1073

Website:

http://packardhealth.org/services/food-medication-transportation-assistance

Pittsfield Township Senior Center

Hot lunches are served to seniors 55+ on Monday, Tuesday, Thursday at 11:45 am. Call in advance to order your meal. The suggested donation is \$3 to \$5 dollars.

Address: 701 W. Ellsworth Rd., Ann Arbor, MI, 48108

Phone: (734) 822-2117

Website: https://www.pittsfield-mi.gov/seniors

SOS Community Services

The food pantry is open Tuesdays 1pm-6:30pm and Wednesdays 9am-1pm. You can receive a day's allotment of food (three meals) for each person within your household. Make an appointment for this service once a week. Fresh produce is also available - no appointment necessary. Contactless, curbside pickup is available.

Address: 114 North River St., Ypsilanti, MI 48198

Phone: (734) 484-9945

Website: http://soscs.org/food-pantry

Saline Area Social Services

The food pantry is open Monday 10am-6pm and Tuesday/Wednesday/Thursday 10am-2:30pm. Must reside within the Saline School District; bring I.D, proof of residency, and income tax form.

Address: 1259 Industrial Dr, Saline, MI 48176

Phone: (734) 429-4570

Website: http://www.salinesocialservice.com/get-food/how-we-can-help

Salvation Army - Ann Arbor Office

Food pantry is available Tuesdays and Thursdays from 9:30-11:30am and 1:00-3:00pm.

Address: 100 Arbana Dr, Ann Arbor, MI 48103

Phone: (734) 668-8353

Website: https://centralusa.salvationarmy.org

https://centralusa.salvationarmy.org/washtenaw/cure-hunger/

Salvation Army- Ypsilanti Office

Salvation Army Ypsilanti partners with Hope Clinic to serve meals at their location.

Address: 518. Harriet St., Ypsilanti, MI, 48197

Phone: (734) 668-8353

Website: https://www.salvationarmyusa.org/usn/

https://centralusa.salvationarmy.org/washtenaw/cure-hunger/

Second Baptist Church of Ypsilanti

Food pantry is open Monday 11:30am-12:30pm.

Address: 301 S. Hamilton St., Ypsilanti, MI 48197

Phone: (734) 483-4342

Website: http://www.sbcypsi.org

St. Andrew's Episcopal Church

Hot breakfast is served every day from 7:30am-8:30am.

Address: 306 N. Division St., Ann Arbor, MI, 48104

Phone: (734) 663-0518

Website: http://standrewsaa.org

St. John the Baptist Catholic Church

Food pantry is open Thursdays 6:30pm-7:30pm. Proof of Washtenaw County residency and a photo ID is required.

Address: 411 Florence St., Ypsilanti, MI 48197

Email: pantry@ypsicatholic.org

Phone: (734) 483-3360

Website: http://www.ypsilanticatholic.com

Victorious Life Church of God

The food pantry runs every 2nd and 3rd Tuesday of the month from 6-7:30pm.

Address: 860 E. Clark Rd., Ypsilanti, MI 48198

Phone: (734) 482-4293

Website: http://www.vlcog.org

Vineyard Church of Ann Arbor

Free dinner is served at Liberty Plaza Park (310 S. Division St., Ann Arbor) on Fridays between 7-8pm.

Address: 2275 Platt Rd., Ann Arbor, MI, 48104

Phone: (734) 477-9135

Website: http://annarborvineyard.org/index.php

Ypsilanti Meals on Wheels

Requirements are: must be homebound, live alone, and unable to cook for oneself. Monthly donation is appreciated. Delivery is Monday-Friday 10am-1:30pm; Menu available on website.

Address: 1110 W. Cross St., Ypsilanti, MI 48197

Phone: (734) 487-9669 **Website:** http://ymow.org

Ypsilanti Senior Center

The Ypsilanti Senior Center offers hot meals from Monday-Friday at 11:45am. \$3 for ages 60+; \$5.25 under 60 years old.

Participants must call a week in advance to make a meal reservation (if unable to attend, please provide 24 hour notice).

Address: 1015 N. Congress St., Ypsilanti, MI 48197

Phone: (734) 483-5014

Office Hours: Mon/Wed/Fri, 9am-2pm & Tues/Thurs, 10am-2pm

Website: https://ypsiseniorcenter.org/

Ypsilanti Township Community Center

Ypsilanti Township Community Center serves hot lunches for seniors 60+ everyday at 12pm; Sign up one week in advance before 12:00pm by calling or visiting the senior wing, \$3 charge.

Address: 2025 E. Clark Rd., Ypsilanti, MI, 48198

Phone: (734) 544-3800 Website: http://ytown.org

https://ytown.org/recreation-community-center

Household/Personal/Medical Items

Ann Arbor PTO Thrift Shop

Ann Arbor PTO is a non-profit thrift shop that sells low cost items.

Address: 2280 S. Industrial Hwy., Ann Arbor, MI 48104

Phone: (734) 996-9155

Website: www.a2ptothriftshop.org

Hours: Thu-Sun 10am-6pm

Ann Arbor Thrift Shop

Ann Arbor Thrift Shop sells high quality, gently used items to the public.

Address: 3500 Suite K Washtenaw Ave., Ann Arbor, MI 48104

Phone: (734) 662-6771

Website: www.annarborthriftshop.org

Hours: Mon-Tues, 10am-4pm; Weds, Closed; Thurs-Fri, 10am-4pm; Sat, 10am-1pm;

Sun, Closed

Beltone

With 1,500 locations nationwide, we are here to support you on your journey to better hearing and lend our expertise as you choose the best hearing aids for your unique needs and lifestyle.

The first step toward better hearing is a hearing assessment. Visit your local Beltone office and get a complimentary hearing screening and consultation with one of our hearing care professionals.

Ann Arbor Address:

4076 Packard St., Ann Arbor, MI 48108

Phone: (734) 780-7800

Ann Arbor West Address:

283 S. Zeeb Rd. Suite F, Ann Arbor, MI, 48103

Phone: (734) 780-7565

Website: https://www.beltone.com/en-us

Emmanuel Lutheran Church Medical Loan Closet

Medical equipment that is donated to the church, such as crutches, canes, walkers, bedside commodes and tray tables, are loaned to those who need them (wheelchairs are no longer carried). Emmanuel's Clothes Closet receives donations of clean, serviceable clothing and small household items, sorts it, and distributes it to those who need it.

Address: 201 N. River St, Ypsilanti, MI 48198

Phone: (734) 482-7121

Email: MedicalLoan@emmanuelypsi.org

Website: https://www.emmanuelypsi.org/medical-loan-closet

WASHTENAW COUNTY RESOURCE GUIDE

Faith in Action

Faith in Action distributes donated clothing and household goods to anyone free of charge. Individuals can shop at the FIA Clothing Room every two weeks up to 12 times each year, 3 grocery bags of items/visit. There is also a Free Medical Equipment Closet where donated durable medical equipment is made available to anyone who needs it on an as-needed basis.

Address: 603 S. Main St., Chelsea, MI 48118

Phone: (734) 475-3305

Website: http://www.faithinaction1.org/
Hours: Mon-Fri, 9am-4pm; Weds, 9am-7pm

Friends In Deed

Friends In Deed accepts donations of used furniture and passes it on for free to families in need. To receive furniture, they will need a copy of front page of resident's lease, proof of residency, and proof of income. You will speak with them and they will ask you to fax it over to (734) 484-5335.

Address: 1196 Ecorse Rd., Ypsilanti, MI 48198

Phone: (734) 484-7607

Website: http://www.friendsindeedmi.org/

Email: Office@FriendsInDeedMI.org, furniture@FriendsInDeedMI.org

Hours: Tues-Fri 9:30am-12:30pm

Habitat for Humanity ReStore

Habitat for Humanity sells used furniture, appliances, building materials, tools, lighting, new and used floor coverings, home decorations, and painting supplies.

Address: 6241 Jackson Rd., Ann Arbor, MI 48103

Phone: (734) 276-0599

Website: https://www.h4h.org/restore

Hours: Tue-Sat, 10am-6pm

WASHTENAW COUNTY RESOURCE GUIDE

HearUSA

HearUSA provides free hearing screenings, audiology services, and sells hearing aids to those who are hard of hearing.

Address: Concord Center, 2900 S. State Street, Suite R-6, Ann Arbor, MI 48104

Phone: (734) 663-2915

Website: https://centers.hearusa.com/hearing-centers/Ann-Arbor-MI/about-us

Hours: Mon-Fri, 8:30am-5pm; Sat by appointment

Hope Clinic

Hope Clinic provides personal care items and household cleaning supplies that can be obtained during a food bank appointment or on a walk-in basis in emergency situations. The organization also provides emergency diapers, wipes, baby food, and formula as available. The walk-in hours are Thursdays from 2:00 – 4:00 pm—no appointment necessary.

Address: 518 Harriet St,. Ypsilanti, MI 48197

Phone: (734) 484-2989

Website: www.thehopeclinic.org
Email: info@thehopeclinic.org

Hours: Mon-Fri 8:30am-5pm; Sat, 8:30am-11am (Clients must call to make an

appointment after 9am).

House by the Side of the Road

The House by the Side of the Road offers used household items for free to those in need, no referrals needed.

Address: 2051 S. State Street, Ann Arbor MI, 48104

Phone: (734) 769-4085

Website: https://www.housebythesideoftheroad.org/

Hours: Mon-Fri, 10am-2pm

Kiwanis Thrift Sale West

Over 60,000 sq. feet of indoor, outdoor, and business furniture, sports & exercise, toys, kitchen & household, recreation, decorating, collecting, seasonal, electronics, books, jewelry, lamps, luggage, office supplies, dishes, clothing, and more.

Eligible households are identified through human service agencies in Washtenaw County for the Kiwanis Voucher Program. Families can shop with a trained representative to spend their vouchers on household items during certain times of the week.

Address: 100 N Staebler Rd, Ann Arbor, MI 48103

Phone: (734) 368-9738

Website: http://www.kiwanissale.com/

Hours: Fri and Sat, 9am-1pm

Lions Club of Ann Arbor

This organization provides hearing and vision screening services to children and adults and provides assistance with obtaining hearing aids and eyeglasses.

Phone: (734) 786-7303 (Clients need to have their social worker or caseworker call this number on their behalf in order to get assistance). If you do not have access to a social worker or caseworker, please call Ann Arbor's Center for Independent Living at (734) 971-0277 and ask for one of their staff to help you with the process.

Website: https://www.e-clubhouse.org/sites/ann_arbor_host/contact.php

Medicine Assistance Tool

PhRMA's Medicine Assistance Tool (MAT) is a search engine designed to help patients, caregivers and health care providers learn more about the resources available through the various biopharmaceutical industry programs. MAT is not its own patient assistance program, but rather a search engine for many of the patient assistance resources that the biopharmaceutical industry offers.

Website: https://medicineassistancetool.org/

Mosa Audiological Services

This practice provides hearing tests, hearing aids and assistive technology, and rehabilitative therapies. They also offer Walk-In Hearing Aid checkup and cleaning between 9am-11am and 1:30pm-3:00pm daily either for free or for a small charge.

Address: 5333 McAuley Dr., Suite 2016 Ypsilanti, MI, 48197

Phone: (734) 221-5080

Website: http://mosaaudiology.com/

Office of Community Development Accessibility Ramp Program

This program offers grants for the installation of exterior ramps to homes occupied by low income persons, in order to improve the accessibility of their home.Manufactured homes are eligible for this program on a case-by-case basis.Washtenaw County residents only.

Address: 415 W Michigan Avenue 2nd Floor, Ypsilanti, MI 48197

Phone: (734) 544-6748

Websites:

Accessibility Ramp Program-

https://www.washtenaw.org/765/Accessibility-Ramp-Program

Housing Rehabilitation Program-

https://www.washtenaw.org/748/Home-Rehabilitation

Hours: Mon-Fri, 8:30am-5pm

Patient Access Network Foundation

Helps eligible underinsured patients afford the copayments for pharmaceutical treatment for 60 different diseases.

Phone: (866) 316-7263

Website: http://www.panfoundation.org

SOS Community Services

The SOS Resource Center offers emergency food and fresh produce, food for seniors through partnership with FOCUS HOPE, utility assistance, bus tokens, and Fare Deal application assistance, access to computers and phones, housing information, personal care items, baby items, referrals to other resources, and MI Bridges Assistance.

Address: 114 N. River St., Ypsilanti, MI 48198

Phone: (734) 485-8730 **Website:** http://soscs.org

Hours: Mon and Wed, 9 am-1 pm; Tues, 1pm -6:30 pm; Thur-Fri, 9am-4pm

Saline Area Social Services

Saline Area Social Services provides personal items, such as eyeglasses, backpacks, bicycles, children's musical instruments, and supplies among other services. Must reside within the Saline Area School District.

Address: 1259 Industrial Dr, Saline, MI 48176

Phone: (734) 429-4570

Website: http://www.salinesocialservice.com

Hours: Mon, 10am-6pm; Tue-Thur, 10am-2:30pm

Salvation Army Thrift Shop

The Salvation Army Thrift Shop sells affordable goods.

Address: 1621 S. State St, Ann Arbor, MI 48104

Phone: (734) 332-3948

Website: http://semichigan.satruck.org/semichiganarc/store policies

Hours: Mon-Sat, 9am-10pm

Second Baptist Church

Second Baptist Church distributes household goods, small appliances, clothes, and books on Fridays at 11:30am.

Address: 850 Red Oak Rd., Ann Arbor, MI 48103

Phone: (734) 663-9369 **Website:** https://sbcaa.org/



WASHTENAW COUNTY RESOURCE GUIDE

The Share House

This thrift store sells clothes, household items, and furniture at a low price.

Address: 5161 Jackson Rd., Ann Arbor, MI 48103

Phone: (734) 222-0876

Website: https://www.facebook.com/sharehouseaa/

Hours: Mon-Fri, 10am-6pm; Sat, 9am-5pm



Housing

Ann Arbor Housing Commission

The Ann Arbor Housing Commission (AAHC) seeks to provide desirable housing and related supportive services for low-income individuals and families on a transitional and/or permanent basis. AAHC partners with housing and service providers to build healthy residential communities and promote an atmosphere of pride and responsibility. There is a waiting list.

Address: 727 Miller Ave., Ann Arbor, MI 48103

Phone: (734) 794-6720

Website: https://www.a2gov.org/departments/Housing/Pages/default.aspx

Hours: Mon-Fri, 9am-5pm

Avalon Housing

Avalon is a non-profit that manages and develops permanent supportive rental housing for people with extremely low incomes.

Address: 1327 Jones Drive, Suite 102, Ann Arbor, MI 48105

Phone: (734) 663-5858

Email: info@avalonhousing.org
Website: www.avalonhousing.org

Federal Housing Administration (FHA)

The Federal Housing Administration provides mortgage insurance on loans made by FHA-approved lenders throughout the United States and its territories. FHA insures mortgages on single family and multifamily homes including manufactured homes and hospitals.

FHA Resource Center Phone: (800) 225-5342

Website: https://www.hud.gov/program_offices/housing/fhahistory

Friends of the Master

Our purpose is to reduce recidivism by providing friendship, spiritual, material and character building which citizens reentering society from jail need to thrive as contributing members of the community.

Address: 616 Washtenaw Ave, Ypsilanti, MI 48197

Phone: (734) 961-8400

Website: http://www.friendsofthemaster.org/

Habitat for Humanity

Habitat for Humanity offers help with housing, repairs and weatherization, as well as classes on how to be a successful homeowner.

Address: 950 Victors Way, Suite 50, Ann Arbor, MI 48108

Phone: (734) 677-1558

Website: http://www.h4h.org
Hours: Mon-Fri, 9am-5pm

Housing Access for Washtenaw County (HAWC)

HAWC is Washtenaw County's central intake for individuals and families who are homeless or at-risk of homelessness. The central intake is the single point of entry for all emergency shelters and housing resources that are available to serve people experiencing homelessness in the county. You MUST CALL the Housing ACCESS intake number for an assessment to get housing in a shelter in Washtenaw County.

Phone: (734) 961-1999

HAWC Call Center Hours: Mon-Fri, 8:30am-5:00pm

Website: http://www.housingaccess.net/

Languages: Korean, English, all other languages as needed

Housing Bureau for Seniors

The Housing Bureau for Seniors serves older adults throughout Washtenaw County by helping them find affordable and appropriate housing. They offer several programs such as the Housing Counseling program, Homeshare program, Elderly Eviction Prevention program, and Foreclosure Prevention program.

Address:

Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor, MI 48105

Phone: (734) 998-9339

Website: http://www.med.umich.edu/seniors/

Interfaith Hospitality Network @ AlphaHouse

Alpha House shelters families for as long as 90 days. They also assist with finding stable housing and employment, play and support for children, transportation, and healthcare for clients.

Address: 4290 Jackson Rd., Ann Arbor, MI 48103

Phone: (734) 822-0220

Website: https://www.alphahouse-ihn.org

MI Bridges

The MI Bridges website lets individuals apply for State Emergency Relief (SER), which provides help or assistance for emergency housing, utility, or burial situations. The website allows you to apply for different benefits, manage your case and explore resources.

Website: https://newmibridges.michigan.gov

Michigan Helping Hand Program

This website helps Michigan citizens facing economic hardship find the services they need. Simply click on one of the five tabs for links to information about jobs and training, unemployment benefits, health care, family support, and housing.

Website: http://www.michigan.gov/helpinghand

Michigan State Housing Development Authority (MSHDA)

The MSHDA provides a variety of housing-related services to renters, landlords, homeowners, and the homeless.

The directory provides a search tool of all the MSHDA, HUD, Low Income Housing Tax Credit, and Rural Development financed developments in Michigan. Additionally, some local Public Housing Agencies have included their rental housing information in this search.

Phone: (855) 646-7432

Website: http://www.michigan.gov/mshda/

Email: MSHDA@michigan.gov

Directory: http://housing.state.mi.us/

MyMove.com

MyMove.com is a free site offering many resources to help families prepare to move homes. The site also includes a guide to understanding, finding, and applying for income-restricted housing.

Income-restricted housing guide:

https://www.mymove.com/moving/renters/income-restricted-apartments/

Moving Tools: https://www.mymove.com/moving-tools/

Ozone House

Ozone House is located in Ann Arbor, Ypsilanti, and the surrounding areas. This organization provides free, confidential, and voluntary shelter and support services to homeless* youth including runaways and high-risk youth ages 10-12 and their families.

*Homeless means a lack of safe, stables, reciprocal relationships and vulnerability to dangers such as physical assault, sexual assault, or human trafficking.

Youth Shelter: 1600 N. Huron River Drive, Ypsilanti, MI 48197

Drop-in Center: 102 N. Hamilton St., Ypsilanti, MI 48197

Crisis Line: (734) 662-2222

Business Line: (734) 662-2265 or (734) 485-2222

Website: <u>www.ozonehouse.org</u>

Peace House Supportive Housing

Peace House Supportive Housing is a transitional housing facility for families in need. Call directly for more information.

Address: 1111 N. Maple Rd., Ann Arbor, MI 48103

Phone: (734) 662-3564

Website: www.peaceneighborhoodcenter.org
<a href="mailto:Ema

SOS Community Services

SOS provides temporary shelter for larger families for up to three months, with caring, intensive supportive services to help them become stable and find permanent, long-term housing. SOS also offers Rapid Re-Housing, in which homeless families are moved quickly into permanent affordable housing and receive rental assistance for up to 12 months.

Address: 101 S Huron St., Ypsilanti, MI 48197

Phone: To access shelter, please call the Housing Access for Washtenaw County at

(734) 961-1999.

Website: http://soscs.org/

Safe House

This emergency shelter is specifically for survivors of domestic violence and their children.

Address: 4100 Clark Rd., Ann Arbor, MI 48105

Business Phone: (734) 973-0242 **24/7 Crisis Line:** (734) 995-5444 **TTY HelpLine:** (734) 973-2227 **Email:** info@safehousecenter.org

Website: http://www.safehousecenter.org/

Lobby Hours: Mon-Fri, 9am-2pm

Shelter Association of Washtenaw County (SAWC)

The SAWC Delonis Shelter provides temporary housing to homeless individuals. It also provides non-residential services such as employment assistance, health care, meals, showers, and laundry for the homeless. Individuals from organizations like the DHHS and Michigan Works! offer support services on a weekly basis and support groups such as AA are also available.

Address: 312 W. Huron St., Ann Arbor, MI 48103

Phone: (734) 662-2829

Website: http://annarborshelter.org/about

Staples Family Center

The Staples Family Center is a safe, drug-free homeless shelter operated by The Salvation Army of Washtenaw County. Residents and house staff work together to keep the house running smoothly by assisting each other with meal preparations and daily chores.

The SFC provides:

- A caseworker to each resident
- Support groups (employment, substance abuse)
- Spirituality group
- Assistance with various life skills and health issues
- Daily meals
- Family environment

Address: 3660 Packard St., Ann Arbor, MI 48108

Phone: (734) 961-1999

Synod Community Services

Synod provides permanent supportive housing for seniors who are homeless or at risk of homelessness. We are dedicated to the elimination of homelessness among the elderly through the development of supportive housing: low-income housing combined with support services.

Address: 615 S Mansfield St., Ypsilanti, MI 48198

Phone: (734) 483-9363

Website: http://www.synodhelps.org/

Veteran Haven of Hope House

The Veterans Haven of Hope House is a two-year transitional housing program for homeless veterans, which provides individualized services to help transition them back into mainstream society.

Address: 809 Henry St., Ann Arbor, MI 48104

Phone: (734) 668-8353

Website:

https://michiganlegalhelp.org/organizations-courts/community-services/veterans-have

n-of-hope-house

Washtenaw County Mortgage & Tax Foreclosure Assistance

For those facing mortgage foreclosure, help is available from Housing of Urban Development (HUD) or Michigan State Housing Development Authority (MSHDA) counselors at www.consumerfinance.gov/find-a-housing-counselor/.

Address: 415 W Michigan Avenue 2nd Floor, Ypsilanti, MI 48197

Phone: (734) 222-9595

Free housing counselor line: (888) 995-4673

Website: https://www.washtenaw.org/740/Mortgage-Tax-Foreclosure

Washtenaw County Office of Community and Economic Development

The Office of Community and Economic Development offers many services such as the homebuyer education programs, home rehabilitation, and home weatherization.

Address: 415 W. Michigan Ave., 2nd Floor, Ypsilanti, MI 48197

Phone: (734) 544-6748

Website: https://www.washtenaw.org/569/Community-Economic-Development

Hours: Mon-Fri, 8:30am-5pm

Washtenaw County Treasurer's Office

The Washtenaw County Treasurer's Office offers taxpayer assistance resources. The office can assist you in automatic or partial payment arrangements, free, confidential, budget counseling, and locating community resources.

Address: 200 N. Main St. Suite 200 P.O. Box 8645, Ann Arbor, MI 48107

Phone: (734) 222-6600

Website: https://www.washtenaw.org/1157/Taxpayer-Assistance

Ypsilanti Housing Commission

The Ypsilanti Housing Commission provides public housing and Section 8 housing choice vouchers for the city of Ypsilanti. The Ypsilanti Housing Commission is committed to providing affordable, safe, and high quality housing opportunities.

Address: 601 Armstrong Dr., Ypsilanti, MI 48197

Phone: (734) 482-4300

Website: www.ypsilantihc.org

Immigrant Resources

Ann Arbor Public Schools Adult Education

Free ESL classes offered to adults 20yrs and older. Day and night classes available. Classes are 15 weeks in duration. Placement is determined by the ESL program. Beginner, intermediate, and advanced classes are offered. Free citizenship classes are offered at night. Locations in Ann Arbor and Ypsilanti.

Address: Room 206, 2800 Stone School Rd, Ann Arbor, MI 48103

Address #2: Parkridge Community Center, 591 Armstrong Dr, Ypsilanti, MI 48197

Phone: 734-997-1250

Website: https://www.a2schools.org/Page/7939

Languages: English

Arbor Bridge Church

Offers ESL classes at all levels and for all ages. Classes meet Tuesdays and Thursdays for 90 minutes. Childcare is available for an additional 7 dollars during the morning classes. English and American culture classes are available Mondays and Wednesdays from 1:00pm-2:30pm OR Tuesdays and Thursdays from 10:00am-11:30am. English conversation classes are available on Tuesdays and Thursdays from 7:00pm-8:30pm. All classes are \$15 per class.

Address: 2500 S. Main Street (Between Busch's shopping center and Briarwood Mall.)

Phone: (517) 945-3388

Website: http://arborbridgechurch.com/esl/

Languages: English

Jewish Family Services

JFS offers immigration services to eligible populations including application assistance for adjustment of status, naturalization, travel documents, and employment authorization documents including translation if needed. JFS offers a variety of other international services including employment and economic empowerment services, citizenship classes, ESL classes, and resettlement and integration services.

Address: 2245 S. State St., Ste 200, Ann Arbor, MI 48104

Phone: (734) 769-0209

Website: https://jfsannarbor.org/programs-services/international/

Email: info@jfsannarbor.org

Hours: Mon-Thurs, 9am-5pm; Fri, 9am-3pm

Languages: Russian, Arabic, Kurdish (as needed), Farsi, English

Michigan Immigrant Rights Center

Provides low-cost and free legal assistance in Adjustment of Status, Asylum applications, NACARA, Naturalization/Citizenship, Special Immigrant Juvenile Status, T visas, U visas, Violence Against Women Act (VAWA) petitions. Also provides assistance in filing forms and filings with USCIS and representation before the Immigration Court. Other areas of legal assistance include Civil Rights and Public Benefits. Clients must make less than 200% of the federal income poverty level. No income requirement is needed for citizenship services.

Address: 15 S. Washington Street, Suite 201, Ypsilanti, MI 4819

Phone: (734) 239-6863

Phone hours: Mon-Fri 9 am-5 pm

Website: https://michiganimmigrant.org/ Email: mirc@michiganimmigrant.org

Languages: Spanish, English, other languages as needed

Movimiento Cosecha Ann Arbor Community Learning Center

Provides free academic services to pre-K through 9th grade children during the pandemic. There is a waiting list, but priority is given to immigrant families and children whose parents have to work and are unable to supervise or support them during school hours.

Address: 2145 Independence Blvd, Ann Arbor, MI 48104

Phone: (734) 971-6133

Email: movimientocosechainfo@gmail.com

Website: https://www.lahuelga.com/learning-pod

Languages: Spanish, English

Samaritas

Samaritas provides legal, translation, education, and employment services to immigrants, refugees, and asylees. They offer a refugee resettlement program for new refugees.

Address: 3820 Packard St #170, Ann Arbor, MI 48108

Phone: (734) 971-1944

Website: www.samaritas.org
Email: info@samaritas.org
Hours: Mon-Fri, 8:30am-5pm

Languages: Spanish, Arabic, English

Synod Community Services

Offers translation services, housing and mental health assistance, state I.D. assistance, financial assistance in obtaining an I.D., homelessness aid, housing programs, money management counseling, in-home care/support, hoarding abatement, and support in accessing technology. Income verification may be required for certain programs.

Address: 615 S. Mansfield Road, Ypsilanti, MI 48197

Phone: 734-483-9363

Email: info@synodhelps.org

Website: http://www.synodhelps.org/ Languages: Spanish, French, English

University Translators Services

This is the primary organization that Washtenaw County Community Mental Health uses for translators. Please call them and set up the translation services at least 48 hours in advance. Please note that this organization charges high prices for their services.

Phone: (734) 665-7295

Website: www.univtrans.com
Email: info@univtrans.com

Languages: English, other languages as needed

Washtenaw Community College

Offers free ESL classes and conversation groups for adults 18 and older (virtual during the pandemic). A valid government issued I.D. is required to register. The program is an English immersion program, and classes are best for individuals who know at least 100 words in English, but all are encouraged to register.

Address: Student Welcome Center, 4800 E Huron River Dr, Ann Arbor, MI 48105

Phone: 734-973-3543

Website: https://www.wccnet.edu/start-now/esl.php

Languages: English, other languages as needed

Washtenaw Interfaith Coalition for Immigrant Rights (WICIR)

This organization provides emergency response for Immigration Customs and Enforcement raid victims. They provide advocacy, legal assistance and information, teen trauma support groups, and community education on immigration issues. Offers a text alert service that sends you a text when ICE officers are active in Washtenaw county. For immigration-related emergencies, call 734-355-2707.

Phone: (734) 355-2707

Email: wicirwashtenaw@gmail.com

Website: http://wicir.org

Languages: Spanish, French, English



WASHTENAW COUNTY RESOURCE GUIDE

Washtenaw Literacy

Offers free adult ESL tutoring and classes Monday-Friday. Morning, afternoon, and evening classes available. All levels of English are welcome. Virtual sessions are available during COVID. Their main office is located in Ypsilanti, but they have several locations throughout Ann Arbor and Ypsilanti.

Address: 5577 Whittaker Road, Ypsilanti, MI 48197

Phone: (734) 337-3338

Email: info@washtenawliteracy.org

Website: https://washtenawliteracy.org/get-help/learn-english

Languages: Arabic, Bulgarian, Chinese, French, German, Italian, Japanese, Korean,

Polish, Portuguese, Russian, Spanish, Thai, Vietnamese, English



Legal Services

American Civil Liberties Union (ACLU)

The ACLU provides free legal assistance or referrals concerning civil rights issues.

Address: 2966 Woodward Ave., Detroit, MI 48201

Phone: (313) 578-6800 Website: aclumich.org Email: aclu@aclumich.org

Ann Arbor Human Rights Commission

The Ann Arbor Human Rights Commission is a group of nine Ann Arbor residents appointed by the Mayor and council. If you have questions about discrimination in Ann Arbor and/or believe your rights under the city's human rights ordinance have been violated, please complete and submit a Discrimination Complaint and/or Request for Information form.

Address: P.O. Box 8647, Ann Arbor, MI 48107

Phone: (734) 794-6141

Website:

https://www.a2gov.org/departments/city-clerk/Pages/HumanRightsCommission.aspx

Email: HRC@a2gov.org

Better Business Bureau (BBB)

The BBB Provides free information on local businesses, and files complaints, mediating disputes between consumers and local businesses.

Address: 20300 W. 12 Mile Rd. Suite 202, Southfield, MI 48076

Phone: (866) 788-5706

Website: https://www.bbb.org/detroit Hours: Mon-Fri, 8:00am-4:30pm

Disability Rights Michigan

DRM advocates and lawyers advise individuals with disabilities of their rights and responsibilities and advocate for their human, civil and legal rights within the state of Michigan. DRM has broad access authority to monitor institutions and advocate for people with disabilities who live in them.

Phone: (517) 487-1755 **TTY:** (517) 374-4687

Dispute Resolution Center

The DRC provides confidential and affordable dispute resolution services. They offer mediation for business, partnerships, personal/marital issues, custody, parenting issues, child support, and debt. Ask about low income/sliding scale fees.

Address: 4133 Washtenaw Avenue, Suite B125, P.O. Box 8645, Ann Arbor, MI 48107

Phone: (734) 794-2125

Website: http://thedisputeresolutioncenter.org

Email: thedrc@ewashtenaw.org
Hours: Mon-Fri, 9am-5pm

Eastern Michigan University Legal Resource Center

The Legal Resource Center is a legal self-help center. Staff at the Legal Resource Center will direct people to and help them fill out the appropriate forms for such civil matters as divorce, child custody, personal protection orders, small claims, landlord tenant disputes, probate, paternity or adult guardianship. In addition, the staff will provide information on various legal procedures for navigating the court system.

Address: Washtenaw County Courthouse, 101 East Huron St., 1st Floor, Ann Arbor,

MI 48107

Phone: (734) 994-0160 Email: emu lrc@emich.edu

Website:

https://michiganlegalhelp.org/organizations-courts/self-help-centers/eastern-michiga

<u>n-university-legal-resource-center</u> **Hours:** Tue-Thurs, 9am-4pm

Fair Housing Center of Southeastern Michigan

The Fair Housing Center provides investigative services, advice, advocacy, conciliation, attorney referrals, and community education regarding housing discrimination.

Address: P.O. Box 7825, Ann Arbor, MI 48107

Phone: (877) 979-3247

Website: http://www.fhcmichigan.org/

Email: info@fhcmichigan.org

Foreclosure Prevention-Washtenaw County Treasurer

Housing specialists at the Washtenaw County Treasurer's Office help with foreclosure related issues.

Address: 200 N. Main St. Suite 200 P.O. Box 8645, Ann Arbor, MI 48107

Phone: (734) 222-6600

Website: https://www.washtenaw.org/1136/Treasurer

Email: taxes@ewashtenaw.org

Hours: Mon-Fri, 8:30am-12pm and 1pm-5pm

Legal Services of South Central Michigan

LSSCM provides free civil legal assistance to low income persons with emphasis on homelessness prevention, domestic violence prevention, eviction and foreclosure prevention, family law, immigrant needs, assault survivor assistance, assisting in accessing health care, food, and needs-based income programs. They are unable to accept criminal cases or civil cases that generate fees.

The Family Law Project (FLP) is an affiliate program of LSSCM that provides legal services to indigent survivors of domestic violence.

Address: 15 S. Washington Street, Ypsilanti, MI 48197

Phone: (734) 665-6181 Website: www.lsscm.org Hours: Mon-Fri, 9am-5pm

Languages: Spanish, Arabic, French, Chinese, Korean, Japanese, English, other

languages as needed

Michigan Legal Help

MichiganLegalHelp.org is a statewide guide to legal services for low-income persons and seniors in civil (non-criminal) cases.

Website: https://michiganlegalhelp.org

Pediatric Advocacy Initiative

The mission of the Pediatric Advocacy Clinic (PAC) is to achieve justice and dignity for all low-income children and their families by integrating high-quality legal advocacy into health care settings.

Address: 625 S. State St., Ann Arbor MI 48109

Phone: 734-763-1942

Website:

https://michigan.law.umich.edu/academics/experiential-learning/clinics/pediatric-adv

ocacy-clinic

State Bar of Michigan

The State Bar of Michigan provides attorney referrals.

Address: Michael Franck Building, 306 Townsend St., Lansing, MI 48933

Phone: (517) 346-6300

Lawyer Referral Service: (800) 968-0738

Website: https://lrs.michbar.org/

https://www.michbar.org/generalinfo/staff

Hours: Mon-Fri, 8:30am-5pm

University of Michigan Child Advocacy Law Clinic

The University of Michigan Child Law Clinic offers supervised law-student representation for parents and children in child abuse and neglect cases as well as those that are in the foster care system.

Address: 625 South State St., Ann Arbor, MI 48109

Phone: (734) 763-5000

Website:

https://michigan.law.umich.edu/academics/experiential-learning/clinics/child-advoca

cy-law-clinic-o

University of Michigan Civil-Criminal Litigation Clinic

The Civil-Criminal Litigation Clinic provides free legal representation to people who cannot afford to hire an attorney.

The clinic has handled criminal misdemeanor cases and a wide variety of civil cases, such as landlord-tenant, consumer fraud, contract disputes, prisoners' civil rights, discrimination, political asylum, torts, habeas corpus, debt collection defense, public benefits claims, insurance, etc. The clinic only conducts case intake and accepts new cases from the second week of September to mid-April each year. Client intake is limited.

Address: University of Michigan Law School, 363 Legal Research Building

801 Monroe Street, Ann Arbor, MI 48109

Phone: (734) 763-4319

Website:

https://michigan.law.umich.edu/academics/experiential-learning/clinics/civil-criminal

-litigation-clinic

Email: mclp@umich.edu

Veterans Affairs

The Washtenaw County DVA can help veterans, their survivors, and dependents file claims for benefits from Federal, State of Michigan, and local governments that may result with the following: Disability Compensation, Education Assistance, Financial Assistance (Food, Housing, Medical, Transportation, Utilities), Funeral and Burial Reimbursements, Home Loan Guarantees, Insurance, Pension.

Address: 2155 Hogback Rd., Ann Arbor, MI 48108

Mailing Address: P.O. Box 8645, Ann Arbor, MI 48107

Phone: (734) 973-4540

Website: https://www.washtenaw.org/959/Veterans-Affairs

Washtenaw Association for Community Advocacy

The Washtenaw Association for Community Advocacy provides legal advocacy for people with developmental or intellectual disabilities. They help individuals obtain and maintain Social Security disability, Social Security Income, Medicaid, and family support stability.

Address: 1100 North Main Street, Suite 205, Ann Arbor, MI 48104

Phone: (734) 662-1256

Website: http://www.washtenawaca.org

Email: info@washtenawaca.org

Hours: Mon-Thurs, 9am-4:00pm; Friday by appointment only

Washtenaw County Bar Association

The Washtenaw County Bar Association operates a Lawyer Referral and Information Service (LRIS). Call 734-996-3229 and state that you need a lawyer referral. You will speak briefly and confidentially with one of their staff members about your matter to determine what type of lawyer you need.

Address: 101 E. Huron St. Suite 1111, Ann Arbor, MI 48104

Phone: (734) 994-4912

Lawyer Referral and Information Service: (734) 996-3229

Website: https://www.washbar.org/public/lawyer-referral-information-service-lris/



WASHTENAW COUNTY RESOURCE GUIDE

Washtenaw County Mortgage & Tax Foreclosure Assistance

For those facing mortgage foreclosure, help is available from Housing of Urban Development (HUD) or Michigan State Housing Development Authority (MSHDA) counselors at www.consumerfinance.gov/find-a-housing-counselor/.

Address: 415 W Michigan Avenue 2nd Floor, Ypsilanti, MI 48197

Phone: (734) 222-9595

Free housing counselor line: (888) 995-4673

Website: https://www.washtenaw.org/740/Mortgage-Tax-Foreclosure

LGBTQ+ Resources

Corner Health Center

Corner Health Center offers a full range of health care, mental health, and supportive services for young people as they transition to adulthood. They can also offer Care Management services for those experiencing specific issues, such as LGBTQ+ and mental health.

Address: 47 N Huron St, Ypsilanti, MI 48197

Phone: (734) 484-3600

Website: https://cornerhealth.org/services/support-services/

FTM A2/Ypsi

FTM A2/Ypsi is a support group by and for trans-masculine and non-binary folks in Ann Arbor, Ypsilanti, and the greater Southeast Michigan region. They are open to all trans-masculine, non-binary, and questioning folks who are 16 years of age or older.

They currently host weekly support meetings and once-monthly social meetings over Zoom every Monday from 7:00 pm-8:30 pm. Message their Facebook page for the Zoom link.

Email: FTMAnnArborYpsilanti@gmail.com

Website: https://www.facebook.com/ftma2ypsi/

Jim Toy Community Center

The Jim Toy Community Center is a resource center that exists to provide information, education, social events, and advocacy by and for the Queer and Ally community in the Washtenaw County area. JTCC welcomes all who support its mission to participate in its activities. The center offers regular peer groups for LGBTQ+ individuals. Find more information on their Facebook page.

Phone: (734) 274-9551

Address: P.O. Box 1152, Ann Arbor, MI 48106

Website: https://www.facebook.com/jimtovcenter



LGBT National Help Center

The Lesbian, Gay, Bisexual and Transgender (LGBT) National Help Center, founded in 1996, is an organization that provides vital peer-support, community connections and resource information to people with questions regarding sexual orientation and/or gender identity. Utilizing a diverse group of LGBT volunteers, we operate three national hotlines, the LGBT National Hotline, the LGBT National Youth Talkline, and the LGBT National Senior Hotline as well as private, volunteer one-to-one online chat, that helps both youth and adults with coming-out issues, safer-sex information, school bullying, family concerns, relationship problems and a lot more.

LGBT Hotline: (888) 843-4564 Youth Talkline: (800) 246-7743 Senior Hotline: (888) 843-4564 Email: help@LGBThotline.org Website: http://www.glnh.org/

MI Unified

MI Unified's mission is to provide easy access to innovative services for the whole person, regardless of HIV status, while promoting respect and acceptance without stigma. They can connect individuals to resources in and around Washtenaw County.

Address: 2287 Ellsworth Road, Suite B, Ypsilanti, MI 48197

Phone: (734) 572-9355 Email: info@miunified.org

Website: https://miunified.org/Services

Neutral Zone

The Neutral Zone is a diverse, youth-driven teen center dedicated to promoting personal growth through artistic expression, community leadership and the exchange of ideas. They offer weekly Riot Youth sessions for teens who are part of the LGBTQIA+ community Fridays 4:00 pm-6:00 pm.

Address: 310 E Washington St, Ann Arbor, MI 48104

Phone: (734) 214-9995

Email: info@neutral-zone.org

Website: https://www.neutral-zone.org/riotyouth#

Out Loud Chorus

Out Loud Chorus is a non-auditioned community chorus. Most of our members identify as lesbian, gay, bisexual, transgender and/or queer, but there is no test and we are open to all who consider themselves allies of the LGBTQ+ community. Really it is all about having fun and working hard together to make good music and put on a great show. And our practice MP3s and sectional rehearsals help with learning the notes for those who don't read music. Our only requirement for membership is that you can match pitch.

Email: OutLoudChorus@gmail.com

Phone: (734) 265-0740

Website: https://olconline.org/new-members

Ozone House

Ozone House offers crisis intervention for youth; an emergency shelter (SafeStay) for homeless youth or youth needing to get away from a conflict at home, job-training; and school support for homeless and high-risk youth. They also have a drop-in center for youth 13-20 where they can eat a hot meal, use the shower or laundry, hang out in a safe place, and get help. Their services are safe for all youth, regardless of sexual orientation, gender identity, or expression.

PrideZone is a social and support group for youth ages 13-20 who identify as LGBTQ+. It is a safe place to socialize, build community, have fun in an open & queer space, and access support services. PrideZone also hosts events and social outings.

PrideZone number and Ozone Crisis Line: (734) 662-2222

PrideZone email: prideZone hours: Thu 6:00 pm - 8:00 pm

Website: https://ozonehouse.org/how-we-help/lgbtq-support/

PFLAG Ann Arbor

PFLAG provides support, information and resources for LGBTQ+ people, their parents and families, and allies.

PFLAG Ann Arbor builds and supports a community of loving families united with LGBTQ+ people and allies who promote the health and well-being of the community, which includes all sexual and gender minority populations, their families, and allies.

Group support is available at their virtual monthly meetings, the third Thursday of each month at 6:30 pm via Zoom. Please email them for the meeting link. In-person meetings occur quarterly at Ozone house the third Thursday of March, June, September, and December at 6:00 pm.

Address: 306 N Division St., Ann Arbor, MI 48104

Ozone House Address: 1600 W. Huron River Dr., Ypsilanti, MI 48197

Phone: (734) 265-0094

Email: PFLAG.AnnArbor@gmail.com

Website: https://sites.google.com/pflagaa.org/home/

University of Michigan Medicine HIV/AIDS Treatment Program

The University of Michigan offers both primary and specialized care to HIV-positive individuals.

Address: 1500 E. Medical Center Drive, Ann Arbor, MI 48109

Phone: (734) 647-5899

Website:

https://www.uofmhealth.org/conditions-treatments/hiv-aids-treatment-program

University of Michigan Medicine Gender Services

The Comprehensive Gender Services Program (CGSP) at Michigan Medicine helps transgender, gender nonconforming, and non-binary adults access and obtain the highest quality gender affirming medical care.

Address: 4250 Plymouth Rd, Ann Arbor, MI 48109

Phone: (734) 998-2150

Website: https://www.uofmhealth.org/conditions-treatments/transgender-services



Medical Services

Arbor Hospice

At Arbor Hospice, we believe no one should face the end of life alone. Everyone has the right to spend their final months free of physical, emotional, and spiritual pain in an environment where they are most secure.

Care from Arbor Hospice is typically covered by Medicare, Medicaid, and most private insurance companies.

Phone: (888) 992-CARE (2273)

Email: webcontact@arborhospice.org

The Residence of Arbor Hospice:

440 W. Russell St., Suite 100, Saline, MI 48176

Phone: (734) 662-5068

NorthStar Palliative Care:

Phone: (877) 227-8823

Administrative Offices:

2366 Oak Valley Dr. Ann Arbor, MI 48103 **Phone:** (734) 662-5999

24/7 Line: (888) 992-2273

Website: https://www.arborhospice.org/

ArborWoman

ArborWoman provides pregnancy-related services such as pregnancy testing, pregnancy options counseling, and pregnancy support.

Address: 24 Frank Lloyd Wright Dr Lobby L, Suite 2200, Ann Arbor, MI 48106

Phone: (734) 994-8863

24-Hour Line: (800) 712-HELP (4357) **Website:** https://www.arborwoman.com/

Hours: Mon-Fri 9-5 pm

Community Dental Center

Since 1981, the University of Michigan School of Dentistry's Community Dental Center has collaborated with the City of Ann Arbor to address the unique needs of individuals including those limited by finances and physical challenges.

Address: 406 North Ashley St., Ann Arbor, MI 48103

Phone: (734) 998-9640

Website: https://dent.umich.edu/patient-care/community-dental-center

Email: CDCcontact@umich.edu

Hours: Mon-Thurs, 8am-5pm; Fri, 8am-1pm

Corner Health

Corner Health provides high-quality primary health care, education and support for young people, ages 12-25 and their children.

Corner staff are well versed in young people's unique needs and provide services regardless of insurance status or ability to pay for care.

Address: 47 N. Huron St., Ypsilanti, MI 48197

Phone: (734) 484-3600

Website: www.cornerhealth.org

Hours:

Mon, 9am-5pm Tue, 9am-6pm Wed, 1pm-5pm Thur, 9am-5pm Fri, 9am-5pm

EMU Speech & Hearing Clinic

The Speech and Hearing Clinic offers a full range of diagnostic and therapeutic services to children and adults of all ages. Services are offered to individuals with:

- Speech, language, fluency, and voice impairments
- Developmental language and cognitive delays
- Language and cognitive loss secondary to brain injury
- Acquired neurogenic disorders
- Desire to improve pronunciation secondary to foreign accents and dialects
- Aural habilitation and rehabilitation
- Hearing evaluations
- Hearing screenings
- Assessment of middle ear functioning
- Hearing aid evaluation and fitting

Most services are provided by graduate students in the Speech-Language Pathology Program who are completing course requirements.

Address:

135 Porter Building Ypsilanti, MI 48197

Phone: (734) 487-4410

Email: emu coe@emich.edu

Website: https://www.emich.edu/coe/clinics/speech-hearing-clinic.php

Hours: Mon-Thurs 8:30 am-5 pm; Fri 8:30 am-4 pm

HealthCare.gov

HealthCare.gov is a federal health exchange website that operates under the Affordable Care Act (ACA). The exchange facilitates the sale of private health insurance plans to residents of the United States and offers subsidies to those who earn less than four times the federal poverty line. The website also assists those people who are eligible to sign up for Medicaid.

Website: https://www.healthcare.gov

Phone: (800) 318-2596

Hemophilia Foundation of Michigan

HFM supports the bleeding disorder community through a variety of programs, services, information and referrals.

Address: 1921 W. Michigan Ave., Ypsilanti, MI 48197

Phone: (734) 544-0015

Website: https://www.hfmich.org/

Hope Medical Clinic

Hope Clinic provides free general medicine and pediatric care for the uninsured, plus a variety of social services to minister to the whole person.

Address: 518 Harriet St., Ypsilanti, MI 48197 Phone: (734) 484-2989 and (734) 481-0111 Website: http://www.thehopeclinic.org/

https://thehopeclinic.org/medical

Hospice of Michigan

We provide care for all--regardless of age, diagnosis, or ability to pay. Because we welcome those who are uninsured, or whose treatment is more expensive than what other hospices can provide, we depend on the financial support of our donors for the treatments, medications, services, grief support, and spiritual care of patients and families in need.

The Hospice of Michigan Foundation generates financial support to ensure that every person who seeks our care is able to receive it. Philanthropic giving also funds the research, education, and innovation initiatives at the Hospice of Michigan Institute. We continue to rely on gifts from individuals, corporations, and foundations to fulfill the Hospice of Michigan mission.

Phone: (888) 247-5701

Website: https://www.hom.org/

Insuring Good Health

This toolkit was designed to assist families with finding the right healthcare coverage. This website provides free videos and information about health insurance, insurance options, making insurance affordable, using your insurance, enrolling for insurance, and more in English, Spanish, and Arabic.

Website: http://insuringgoodhealth.org/

Find Local Enrollment Assister: https://localhelp.healthcare.gov/#/

Phone: (800) 318-2596 or TTY: (855) 889-4325

Internal Health Associates (IHA)

Headquartered in Ann Arbor, Michigan, IHA is one of the best and largest multi-specialty groups in Michigan delivering more than one million patient visits each year. IHA offers both primary care and specialty care.

Website: http://www.ihacares.com/

Phone: (734) 995-2950

MI Bridges

The MI Bridges website lets individuals apply for healthcare coverage which helps pay for medical costs. The website allows you to apply for different benefits, manage your case and explore resources.

Website: https://newmibridges.michigan.gov

Maternal Infant Health Program (MIHP)

The Maternal Infant Health Program (MIHP) is a home-visiting organization for pregnant women and infants with Medicaid. Services include education, service coordination, support and referrals.

Phone: (734) 544-2984 or (734) 544-9749 or ask your doctor for a referral

Website: https://www.washtenaw.org/1828/Maternal-Infant-Health-Program-MIHP

Michigan Department of Community Health (MDCH)

This site has links to other web pages with information and phone numbers for places with low cost or free health care, or help with health insurance.

Phone: (517) 373-3740

Website: www.michigan.gov/healthcarehelp

Michigan Helping Hand Program

This website helps Michigan citizens facing economic hardship find the services they need. Simply click on one of the five tabs for links to information about jobs and training, unemployment benefits, health care, family support, and housing. Then click on the particular link that describes the help you're seeking.

Website: http://www.michigan.gov/helpinghand

Michigan Tobacco Quitline

Quitting tobacco is a process. The first step is the hardest. When you are ready to quit, The Michigan Tobacco Quitline can help you with each step in the quitting process. The expert coaches can talk to you about overcoming common barriers, such as: dealing with stress, fighting cravings, coping with irritability, and controlling weight gain.

Phone: 800-QUIT-NOW (800-784-8669), for Spanish, call 1 (855) 335-3569

Website: https://michigan.quitlogix.org/en-US/

MI Unified

MI Unified's mission is to provide easy access to innovative services for the whole person, regardless of HIV status, while promoting respect and acceptance without stigma. They can connect individuals to resources in and around Washtenaw County.

Address: 2287 Ellsworth Road, Suite B, Ypsilanti, MI 48197

Phone: (734) 572-9355 Email: info@miunified.org

Website: https://miunified.org/Services

Neighborhood Family Health Center

This health center provides general medical care, prescription assistance, etc. They also help the uninsured obtain health coverage.

Address: Haab Health Building, 111 N. Huron Suite #200, Ypsilanti, MI 48197

Phone: (734) 547-7977

Website:

 $\underline{http://www.ihacares.com/locations/st-joseph-mercy-neighborhood-family-health-cent}$

<u>er</u>

Mon 8:00 am - 5:00 pm Tue 7:00 am - 7:00 pm Wed 8:00 am - 7:00 pm Thu 8:00 am - 7:00 pm Fri 7:00 am - 5:00 pm

Sat: 8:00 am - 12:00 pm

Packard Health Clinic

Packard Health is a non-profit clinic that offers preventative medicine, family medicine, women's health, chronic disease management, behavioral health, and nutrition. They also offer insurance enrollment assistance; food, medication, and transportation assistance; and free translation services.

Packard Health Main Address: 2650 Carpenter Rd., Ann Arbor, MI 48108

Phone: (734) 971-1073

Hours: Mon-Thurs, 8am-5pm; Sat, 8am-12pm

Packard Health West Address: 1915 Pauline Blvd, Ann Arbor, MI 48103

Phone: (734) 926-4900 **Hours:** Mon-Fri, 8am-5pm

Packard Health Ypsilanti Address: 200 Arnet St., Suite 150, Ypsilanti, MI 48198

Phone: (734) 985-7200 **Hours:** Mon-Fri 8am-5pm

Website: https://packardhealth.org/

Languages: Spanish, Mandarin Chinese, Arabic, Nepali, English, other languages as

needed.

Planned Parenthood of Michigan

Planned Parenthood provides complete gynecological exams, information about birth control methods, abortion counseling and services, sexually transmitted disease testing and treatment, vasectomies, and HIV/AIDS testing and counseling. Female and male providers are available. Services are confidential and affordable. Fees: based on services, accepts most insurances.

Ann Arbor Health Center: 3100 Professional Dr., Ann Arbor, MI 48104

Phone: (734) 973-0710

Hours: Mon, Wed, Thu, Fri, 8am-4pm; Tue 9 am-5 pm

Ann Arbor West Health Center Address: 2370 W. Stadium Blvd., Ann Arbor, MI

48103

Phone: (734) 929-9480 **Hours:** Mon-Fri 9am-5pm

Website: https://www.plannedparenthood.org/planned-parenthood-michigan

Languages: Spanish, English, other languages as needed

Regional Alliance for Healthy Schools

The Regional Alliance for Healthy Schools (RAHS) provides school-based programs and clinical services that improve the well-being of students, their families, and their communities. In addition to direct physical and mental health services, RAHS offers three comprehensive health intervention programs targeting substance use and abuse, childhood obesity, and asthma, as well as after school programs that offer mentoring and youth leadership opportunities.

Address: 3621 S. State Street, Ann Arbor, MI 48108

Phone: (734) 998-2163

Website: https://umhs-rahs.org/

Hours: Mon-Fri 8am-4pm

Regional Alliance for Healthy Schools (RAHS) School-Based Health Centers:

Lincoln High School: 7425 Willis Road, Room 304, Ypsilanti, MI 48197 (734) 714-9600

Lincoln Middle School: 8744 Whittaker Road, Room 812, Ypsilanti MI 48197 (734) 714-9509

Pathway to Success Academic Campus: 2800 Stone School Road, Room 112, Ann Arbor, MI 48104 (734) 973-9167

Scarlett Middle/Mitchell Elementary School: 3300 Lorraine Room 204, Ann Arbor, MI 48108 (734) 677-2708

Ypsilanti Community High School: 2095 Packard Road, Room 403, Ypsilanti, MI 48197 (734) 221-1007

Ypsilanti Community Middle School: 510 Emerick St., Ypsilanti, MI 48198 (734) 221-2271

Shelter Association of Washtenaw County (SAWC)

The Shelter Clinic is operated by Packard Health. This clinic serves the community's most vulnerable population. The clinic is available to anyone in need in the community as a primary care site as well! The Packard Health Medical Doctor oversees the clinic, and the Shelter Association's medical case manager assists clients and interfaces with Packard Health.

Address: 312 W. Huron St., Ann Arbor, MI 48103

Phone: (734) 662-2829

Website: http://annarborshelter.org/about

St. Joseph Mercy Health System

St. Joseph Mercy Health System is located in Ann Arbor, Chelsea, Livingston, Oakland, and Livonia.

Main Phone: (844) 237-3627

Website: https://www.stjoeshealth.org/

St. Joseph Mercy Ann Arbor Hospital:

5301 McAuley Dr, Ypsilanti, MI 48197

(734) 712-3456

http://www.stjoesannarbor.org/annarbor

St. Joseph Mercy Chelsea Hospital:

775 South Main St., Chelsea, MI 48118 (734) 593-6000

http://www.stjoeschelsea.org/chelsea

Testing.com

This database directs you to several low- and no-cost STD testing options in the Ann Arbor area that are confidential and convenient.

https://www.testing.com/std-testing/ann-arbor-mi/

University of Michigan, Cancer Answer Line

Nurses answer questions regarding cancer issues and concerns free of charge.

Phone: (800) 865-1125

Website: https://www.rogelcancercenter.org/about/cancer-answerline

University of Michigan, Michigan Medicine

Excellence in patient care, medical education, and research.

Address: 1500 E Medical Center Dr., Ann Arbor, MI 48109

Phone: (734) 936-4000

Website: https://www.uofmhealth.org/

Washtenaw County Health Department Clinics

The WCHD envisions a healthy community where every resident has the opportunity to achieve optimal health and well-being.

Website: https://www.washtenaw.org/1129/Health-Department

Address: 555 Towner St., Ypsilanti, MI 48198

Phone: (734) 544-6700

Languages: Spanish, Arabic, French, English, other languages as needed

- Dental Clinic: https://www.washtenaw.org/1132/Dental-Clinic
- Hearing & Vision: https://www.washtenaw.org/1133/Hearing-Vision
- Immunizations: https://www.washtenaw.org/1135/Immunizations
- Lead Blood Testing: https://www.washtenaw.org/1339/Lead-Blood-Testing
- Sexual Health Services:

https://www.washtenaw.org/1343/Sexual-Health-Services-HIV-STI

- Tuberculosis (TB) Clinic & Screening: https://www.washtenaw.org/1388/Tuberculosis-TB-Clinic-Screening
- Wise Choices (free health screenings and coaching to help make small, healthy changes): https://www.washtenaw.org/1403/Wise-Choices
- Women, Infants, & Children (WIC): https://www.washtenaw.org/1392/Women-Infants-Children-WIC



WASHTENAW COUNTY RESOURCE GUIDE

Washtenaw Health Plan

Offers help in choosing and obtaining health insurance, community resource referrals, Department of Human Services navigation aid, and Driver's License assistance.

Address: 555 Towner St, Ypsilanti, MI, 48198

Phone: 734-544-3030

Email: whp@washtenaw.org

Website: https://www.healthcarecounts.org/

Languages: Spanish, Arabic, French, Chinese, Portuguese, English



Mental Health Services

Catholic Social Services

Licensed social workers and psychologists offer families, couples and individuals in-depth assessment and short-term, solution focused therapy designed for the specific needs of each client. Substance abuse assessment and treatment are also available. Fees are assessed on a sliding scale. CSSW is an authorized provider for many insurance and managed care plans.

Address: 4925 Packard St., Ann Arbor, MI 48108

Phone: (734) 971-9781

Website: http://csswashtenaw.org/counseling/

Chelsea Behavioral Health

Chelsea Community Hospital offers a continuum of behavioral health services to meet the specific needs of patients and their families. These services include inpatient, outpatient, and day treatment programs.

Address: 350 N. Main Street, Suite 150, Chelsea, MI 48118

Phone: (734) 593-5251

Website: http://www.stjoeschelsea.org/BehavioralHealthServices

Corner Health

Corner Health provides high-quality primary health care, education and support for young people, ages 12-25 and their children. Young people have a lot to balance in life. If you are feeling overwhelmed by school, work, family, or friends, then it is important to get support. At the Corner, there are psychiatrists and counselors who will listen and help you through difficult times.

Address: 47 N. Huron St., Ypsilanti, MI 48197

Phone: (734) 484-3600

Website: www.cornerhealth.org

Hours:

Mon, 9am-5pm Tue, 9am-6pm Wed, 1pm-8pm Thur, 9am-5pm Fri, 9am-5pm

Crisis Text Line

Text HOME to 741741 from anywhere in the United States, anytime, about any type of crisis. A live, trained Crisis Counselor receives the text and responds, all from our secure online platform. The volunteer Crisis Counselor will help you move from a hot moment to a cool moment.

Text: 741741

Website: https://www.crisistextline.org/

DrugRehab.com

DrugRehab.com is a web resource provided and funded by Advanced Recovery Systems (ARS). Since 2015, the website has provided researched, fact-based resources for free. Readers can learn about the risks of various substances, the latest approaches to treatment and real stories of recovery on DrugRehab.com.

Get answers to your questions from the admissions team at Advanced Recovery Systems. Our mission is to give people and their families the knowledge, resources and tools they need to overcome addiction. Call our 24-hour hotline to learn about evidence-based treatment options for drug and alcohol addiction, eating disorders and co-occurring mental health disorders. We can connect you with a treatment center and answer your questions about admissions, costs, insurance and other important topics.

Phone: (877) 589-4784

24/7 Hotline: (855) 789-9197

Website: https://www.drugrehab.com/addiction/hotlines/

https://www.drugrehab.com/guides/suicide-risks/

EMU Counseling Clinic

The center offers personal, family, career, assessment, and academic counseling. EMU Students, Faculty, & Staff receive services without fees. Washtenaw County Residents pay sliding scale fees for services, but fees can be waived due to financial difficulties.

Address: John W. Porter Bldg., Ste. 135, Ypsilanti, MI 48197

Phone: (734) 487-4410

Website: https://www.emich.edu/coe/clinics/counseling-clinics.php

Email Contact: pfrancis@emich.edu

Hours: Mon-Thurs 10:00am - 9:00pm by appointment

EMU Community Behavioral Health Clinic

The Community Behavioral Health Clinic offers convenient, affordable and low-cost psychological services for a range of behavioral, emotional, cognitive, developmental, lifespan, health-related, family-of-origin and interpersonal issues. Services are provided by clinical psychology graduate students under the supervision of licensed faculty.Non-negotiable fees are as follows: Group sessions: \$5, Individual: \$10, Psych Testing: \$300.

Address: 1075 North Huron River Dr., Ypsilanti, MI 48197

Phone: (734) 487-4987

Website: https://www.emich.edu/psychology/psychologyclinic/

Clinic Hours: Mon & Thu, 8:00am-7:00pm; Tues & Wed, 9:00 am-7:00 pm; Fri,

8:00-4:00 pm.

EMU Speech & Hearing Clinic

The Speech and Hearing Clinic offers a full range of diagnostic and therapeutic services to children and adults of all ages. Services are offered to individuals with:

- Speech, language, fluency, and voice impairments
- Developmental language and cognitive delays
- Language and cognitive loss secondary to brain injury
- Acquired neurogenic disorders
- Desire to improve pronunciation secondary to foreign accents and dialects
- Aural habilitation and rehabilitation
- Hearing evaluations
- Hearing screenings
- Assessment of middle ear functioning
- Hearing aid evaluation and fitting

Most services are provided by graduate students in the Speech-Language Pathology Program who are completing course requirements.

Address:

135 Porter Building Ypsilanti, MI 48197

Phone: (734) 487-4410

Email: emu coe@emich.edu

Website: https://www.emich.edu/coe/clinics/speech-hearing-clinic.php

Health Services ACCESS Line (for Washtenaw County)

Health Services Access is the central entry point for all Washtenaw County individuals seeking mental health and/or substance abuse information and services in Washtenaw County.

Community Mental Health: 555 Towner St., Ypsilanti, MI 48198

Hours: Mon-Fri, 8:30am-5:00pm, closed on holidays

Phone: (734) 544-3050

Website: https://www.washtenaw.org/839/Community-Mental-Health

Huron Valley Consultation Center

HVCC offers comprehensive services to adults, children, adolescents, couples, and families who face life's challenges. Depression, anxiety, job and family stress are just some of the problems with which therapists can help. HVCC accepts Medicare and most other insurances for behavioral health.

Address: 2750 S. State, Ann Arbor, MI 48104

Phone: (734) 662-6300

Website: <u>www.huronvalleyconsult.org/</u>

The Mel Bornstein Clinic for Psychoanalysis & Psychotherapy

The Mel Bornstein Clinic's therapists offer help for a range of problems – relationship difficulties, depression, anxiety, self-defeating behaviors, child and adolescent problems, parenting challenges, trauma, grief and loss, and life adjustments. Each person who is referred to the clinic is interviewed by a prospective therapist confidentially, with special attention to individual needs and life experiences. The clinic accepts most insurances and will work with the uninsured on a sliding fee basis.

Address: 1945 Pauline Blvd, Suite 21C, Ann Arbor, MI 48103

Website: https://www.melbornsteinclinic.org/

Phone: (734) 761-2727

Michigan Helping Hand Program

This website helps Michigan citizens facing economic hardship find the services they need. Simply click on one of the five tabs for links to information about jobs and training, unemployment benefits, health care, family support, and housing.

Website: http://www.michigan.gov/helpinghand

National Alliance on Mental Illness (NAMI)

NAMI provides support groups for both people with mental illness and their loved ones. They offer four different support groups: two for family and friends, and two for people living with a mental illness. No matter if you are a young adult diagnosed with a brain disorder such as bipolar or an adult with a child diagnosed with schizophrenia, we have a support group for you. The groups are facilitated by knowledgeable NAMI members in a safe and confidential atmosphere. All groups meet from 7:00pm-8:30pm.

Address: 1100 North Main St., Ann Arbor, MI 48104

Phone: (734) 994-6611

NAMI HelpLine: (800) 950-6264 or info@nami.org Mon-Fri 10am-6pm EST

Crisis SMS Service: Text "NAMI" to 741-741

Email: office@namiwc.org

Office Hours:

Mon/Thur, 9:30am-2:30pm

Tues, 1:00pm-4:00pm

Website: http://www.namiwc.org/

Connection Group & Young Adult Group (for those with mental illness regardless of specific diagnosis)

1st & 3rd Wednesday of the month, 7:00-8:30pm St. Clare's Episcopal Church/Temple Beth Emeth 2309 Packard Ann Arbor 48104

Adult Loved Ones

3rd Wednesday of the month, 7:00-8:30pm St. Clare's Episcopal Church/Temple Beth Emeth 2309 Packard Ann Arbor 48104

Parents/Caregivers of children (aged 12-25) with suicidal thoughts and behaviors

1st Monday of the month, 7:00-8:30pm WISD Teaching and Learning Center 1819 South Wagner Road Ann Arbor, MI 48103

National Suicide Prevention Lifeline

The Lifeline provides 24/7 free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

You will be connected with a skilled, trained crisis worker who will listen to you, understand how your problem is affecting you, provide support, and share resources that may be helpful.

No matter what problems you are dealing with, if you need someone to lean on for emotional support, call the Lifeline.

Your call is always confidential and free.

National Suicide Prevention Lifeline: 988

Nacional de Prevención del Suicidio: 1-888-628-9454 Options for Deaf and Hard of Hearing: 1-800-799-4889 Veterans Crisis Line: 1-800-273-8255 press 1 (or text 838255)

Website: https://988lifeline.org/

Ozone House Crisis Line

We offer 24 Hour support and resources for youth, and those who care about youth, any time – day or night – at (734) 662-2222. Youth can call for a variety of reasons, such as having suicidal thoughts, experiencing family conflicts, or running away from home/being homeless. Crisis Line counselors can help you get access to food and shelter, or direct you to a safe place to hang out.

Crisis Line: (734) 662-2222 or text "Ozone" to the same number

Drop-In Center (for ages 13-20):

102 N. Hamilton Ypsilanti, MI 48197 Open every weekday at 4pm

Website: http://ozonehouse.org/how-we-help/emergency-services/

POWER Inc.

Restoration Counseling Program offers Individual, Couples, Family and Marital psychotherapy to persons who are affected by the challenges of daily living. Spiritually and culturally sensitive therapists are available to help to address problems in such areas as family functioning, self image, and past abuse/trauma. Department of Human Services and self-referrals are accepted. Restoration Counseling accepts Medicare, TRICARE, Blue Cross-Blue Shield, and Value Options/Military OneSource. A sliding fee scale is available as well.

Address: 1601 Stamford Rd., Superior Charter Twp, MI 48198

Phone: (734) 961-1990

Website: http://www.powerclf.org/programs-and-services/family-support-services/

Psychiatric Emergency Services (U of M Hospital)

Psychiatric Emergency Services (PES) provides emergency/urgent walk-in evaluation and crisis phone services available 24 hours a day, 7 days a week, for people of all ages. The following services are provided: psychiatric evaluation, treatment recommendations; crisis intervention; screening for inpatient psychiatric hospitalization; and mental health and substance abuse treatment referral information.

Address: 1500 E. Medical Center Drive, Ann Arbor, MI 48109

Phone: (734) 936-5900

Website:

https://medicine.umich.edu/dept/psychiatry/patient-care/psychiatric-emergency-servi

<u>ce</u>

Samaritan Counseling Services

The Samaritan Counseling Center of Southeastern Michigan is an interfaith pastoral counseling center. They provide counseling and psychotherapy that integrates the best in psychological and psychiatric theory and practice with the resources of the client's religious/faith tradition. Services include individual, couples, and family counseling; art therapy; preparation for marriage; and grief support.

Address: Zion Lutheran Church, 1501 West Liberty, Ann Arbor MI, 48103

Phone: (248) 474-4701

Website: http://samaritancounselingmichigan.com/newsite/

Shelter Association of Washtenaw County (SAWC)

The Delonis Center Residential Program offers those experiencing homelessness temporary shelter, intensive case management, and help to find income and save for affordable housing. During a stay in the Residential Program, we work with our clients to help them increase income, and obtain affordable housing, while also addressing physical, mental and substance health related issues.

For individuals experiencing homelessness who are not in our Residential Program, the Shelter Association provides an array of services for both immediate assistance and to encourage long-term change.

Address: 312 W. Huron St., Ann Arbor, MI 48103

Administrative Phone: (734) 662-2829

Administrative Hours: Mon-Fri 8:00am-4:30pm

Email: shelterassociation@ewashtenaw.org

Website: www.annarborshelter.org **Programming:** 24 hours/7 days

St. Joseph Mercy Ann Arbor- Behavioral Services

St. Joseph Mercy Ann Arbor offers inpatient psychiatric services, outpatient psychiatric services, adult and adolescent partial hospitalization programs, children and adolescent psychiatric services, as well as other behavioral health services.

Adolescent Partial Hospitalization: (734) 712-5750

Adult Partial Hospitalization: (734) 712-5850

Greenbrook Recovery: (734) 786-4900

Outpatient Services: (734) 786-2300 or (734) 786-2301

Transition Clinic: (734) 712-5762

Website: https://www.stjoeshealth.org/find-a-service-or-specialty/behavioral-health/

To learn more about each program online, click the "Behavioral Services" drop-down menu under the green "Behavioral Services" header.

Synod Community Services

Synod Community Services is the leading provider of support services for individuals with mental illness, disabilities, and vulnerabilities in southeastern Michigan. We also provide additional individual services available to anyone in need, whether they participate in our housing options or not. These include financial advocacy, health-related services, and personal enrichment and assistance services such as grooming, food and nutrition, music therapy and therapeutic recreational camp.

Address: 615 S Mansfield St., Ypsilanti, MI 48198

Phone: (734) 483-9363

Website: http://www.synodhelps.org/

Thrive Counseling

Thrive is the clinical counseling practice of Jewish Family Services of Washtenaw County Inc., a non-profit social service agency committed to providing affordable, accessible, holistically-oriented and culturally sensitive care to all residents regardless of religion, race, ethnicity, gender or ability to pay. Thrive Counseling provides individual, couples, and family therapy to community members.

Phone: (734) 436-4249

Email: hello@thrivecounselingA2.com

Address: 2245 S. State Street, Suite 1100, Ann Arbor, MI 48104

Hours: Mon-Thurs, 9am-5pm; Fri 9am-3pm (Evening sessions may be arranged on a

case-by-case basis pending therapists' availability.)

Turner Geriatric Center

Counselors at the Geriatrics Center are licensed clinical social workers trained in geriatrics and cultural competency. They work closely with physicians and psychiatrists to provide care which takes into consideration the variety of health problems of individual clients. They serve individuals over the age of 60 and their families.

Address: 4260 Plymouth Rd., Ann Arbor, MI 48109

Phone: (734) 764-2556

Website: https://medicine.umich.edu/dept/dgpm/turner-geriatric-clinic

University of Michigan Center for the Child and Family

We offer a comprehensive range of mental health services for children, adolescents, and families in the community. Our professional staff will collaborate with you to develop the solutions that work best for your family. In addition to clinical assessment and treatment, we also offer free and low-cost workshops throughout the year. Our workshops typically address topics such as parenting through separation and divorce, ADHD and learning disabilities, and developing coping skills.

Address: 500 E. Washington St., Suite 100 Ann Arbor, MI 48104

Phone: (734) 764-9466

Website: https://mari.umich.edu/uccf/

Email: https://mari.umich.edu/uccf/contact-us/

Hours: Mon-Fri, 8am-4pm

University of Michigan Department of Psychiatry

The University of Michigan Department of Psychiatry offers inpatient and outpatient clinical services. They offer specialized programs as well such as child and adolescent psychiatry and geriatric psychiatry. Visit their website for more information on services.

Address: 4250 Plymouth Rd., Ann Arbor, MI 48109

Phone: (734) 764-0231

Psychiatric Emergency: (734) 936-5900 or 911

Website: https://medicine.umich.edu/dept/psychiatry

Women's Center of Southeastern Michigan

The Women's Center strives to help women build individual strengths and personal resiliency. Services include Personal counseling, Job coaching, Divorce support, Financial counseling. Sliding scale fees are available for services.

Address: 1100 Victors Way #10., Ann Arbor, MI 48108

Phone: (734) 973-6779

Website: www.womenscentersemi.org
Email: info@womenscentersemi.org

Hours: Mon-Fri, 9am-5pm; other hours by appointment

Older Adult Services

Aging Service Searchable Database (MDHHS)

You can search for local services and service providers using the Aging Service Searchable Database. It can be used to find caregiver, community, in-home, and nutrition services in your area.

Website: https://www.osapartner.net/miseniors/Default.aspx

American House

Our vision is to provide high-quality housing for seniors at a price affordable for retirees and their families.

We maintain partnerships with a variety of senior-focused organizations, veteran organizations, and low-income programs. Each Executive Director at any one of our communities can help you find the right combination of services to find the best options for you.

Address: 3470 Carpenter Rd., Ypsilanti, MI 48197

Phone: (734) 961-4578

Website: http://www.americanhouse.com/carpenter

Ann Arbor Area Transportation Authority

Seniors 65+ can apply for a Senior Card which gives them free bus fare. Please phone or see website for bus routes and rates of transportation.

Address: 2700 S. Industrial Hwy, Ann Arbor, MI 48104

Phone: (734) 973-6500

Website: https://www.theride.org/services/accessible-senior-service

Ann Arbor Meals on Wheels

Ann Arbor's Meals on Wheels program reduces hunger and food insecurity for homebound adults (age 18+) in Ann Arbor who are frail, medically compromised, or have a short- or long-term disability that impacts their ability to shop and prepare complete, nutritious meals. Meals are offered at no cost - we do ask for a voluntary contribution.

Address: 3621 S State St., Ann Arbor, MI 48108

Phone: (734) 998-6686

Website:

https://www.uofmhealth.org/patient-visitor-guide/aameals-on-wheels/home

E-mail: <u>aamealsonwheels@umich.edu</u> **Office Hours:** Mon-Sat, 8:30am-4pm

Arbor Care, Inc.

Arbor Care offers care homes for seniors. Care homes offer personalized service to small groups of adults. These residential homes provide lodging, meal services and assistance with daily living activities.

Address: 2169 Independence Blvd., Ann Arbor, MI 48104

Phone: (866) 465-5993

Website:

https://www.aplaceformom.com/community/arbor-care-on-independence-66632

Arbor Hospice

Arbor Hospice provides comfort and support at the end-of-life for persons with life-limiting conditions as well as their families. Arbor Hospice aims to understand the patient's goals for care to make the person comfortable and relieve their symptoms and pain for the entire length of their illness.

Administrative office: 2366 Oak Valley Dr, Ann Arbor, MI 48103

The Residence of Arbor Hospice: 440 W. Russell St. Suite #100, Saline, MI 48176

Phone: (888) 992-2273 or (734) 662-5999

Website: www.arborhospice.org

Email: WebContact@arborhospice.org

Area Agency on Aging 1-B

The Area Agency on Aging 1-B provides information and assistance on thousands of services and resources for older adults, persons with disabilities and their caregivers across a six county region through a centralized call center staffed by certified resource specialists.

Phone: (800) 852-7795

Website: https://aaa1b.org/

Brookdale Place

Brookdale Ann Arbor is a senior living community in Ann Arbor, Michigan that offers personalized Assisted Living and Alzheimer's and Dementia Care services for seniors.

Address 1: 2190 Ann Arbor-Saline Rd., Ann Arbor, MI 48103

Phone: (734) 996-7823

Website: https://www.brookdale.com/en/communities/brookdale-ann-arbor.html

Address 2: 750 W Eisenhower Parkway, Ann Arbor, MI 48103

Phone: (734) 996-7645

Website:

https://www.brookdale.com/en/communities/brookdale-w-eisenhower-pkwy.html

Brookhaven Manor

Brookhaven Manor offers spacious one and two-bedroom apartments with a variety of floor plans to suit your needs. Here you will enjoy a host of services and amenities designed to enrich your life.

Address: 401 West Oakbrook Drive, Ann Arbor, MI 48103

Phone: (734) 747-8800

Website: https://www.brookhavenmanorapartments.com/

Email: info@brookhavenmanorapartments.com

Office Hours: Mon-Fri 9:00am-4:30pm

Sat-Sun 10:00am-4:00pm

Caring.com

Caring.com provides resources for older adults and their families to help make decisions when looking for assisted living communities or in-home support. The link below offers information about assisted living facilities in Michigan and how they all compare. At the bottom of the page, there are assisted living facilities listed by city.

Website: https://www.caring.com/senior-living/assisted-living/michigan

CNCS Senior Corps

The Corporation for National & Community Service (CNCS) is a federal agency that leads service, volunteering, and grant-making efforts in the United States. Their mission is to improve lives, strengthen communities, and foster civic engagement through service and volunteering.

The Senior Corps (a program within CNCS) helps meet the needs and challenges of America's communities using resources provided by grants and the energy and efforts of citizens age 55 and over. Grants administered through Senior Corps provide funding for:

Foster Grandparents: role models, mentors, and friends to children with exceptional needs.

RSVP: use skills and talents learned over the years, or develop new skills while serving in a variety of volunteer activities within your community.

Senior Companions: provide assistance and friendship to older adults who have difficulty with daily living tasks, such as shopping or paying bills; help adults remain independent in their homes instead of having to move to more costly institutional care.

Learn more on the Senior Corps Programs Website:

https://www.nationalservice.gov/programs/senior-corps/senior-corps-programs

Catholic Social Services

Older adults face many challenges. From illness and caregiving to needing basic household repairs or tax assistance, CSSW has designed community-based programs to aid the 55 and better population. Through volunteers, staff and collaborations with community parishes, we are able to facilitate several programs to provide respite, activities, tax assistance and so much more for seniors.

Main Building: 4925 Packard St., Ann Arbor, MI 48108

Phone: (734) 971-9781

Website: http://csswashtenaw.org/seniors/

Chelsea Retirement Communities

Chelsea Retirement Community offers independent living, assisted living, memory care, and rehabilitation and skilled care.

Address: 805 West Middle St., Chelsea, Michigan 48118

Phone: (734) 808-3610

Website: http://umrc.com/communities/chelsea-retirement-community/

Ciena Healthcare

Based in Southfield, Michigan, Ciena Healthcare has managed skilled nursing homes and rehabilitation Centers since 1998.

Website: http://www.cienahealthcare.com/

Regency at Bluffs Park

Regency at Bluffs Park is a nursing home in Ann Arbor. Bluffs Park offers both short-term and sub-acute care, specializing in Rehab to Home services.

Address: 355 Huron View Blvd., Ann Arbor, MI 48103

Phone: (734) 887-8700

Website: http://www.cienahealthcare.com/michigan-facilities/regency-at-bluffs-park/

Regency at Whitmore Lake

Centrally located between Ann Arbor and Brighton, Regency at Whitmore Lake provides high quality short- and long-term nursing care to residents of metro Detroit's western suburbs.

Address: 8633 Main St., Whitmore Lake, MI 48189

Phone: (734) 449-4431

Website:

http://www.cienahealthcare.com/michigan-facilities/regency-at-whitmore-lake/

Community Enrichment at Washtenaw Community College- Senior Focus

Community Enrichment at WCC offers classes that are requested by and designed for older adults. These classes meet at convenient sites throughout Washtenaw County and are available to all county residents who are 65 years or older prior to the start of the semester. Contact individual centers for more details.

Phone: (734) 677-5060

Email: ecdevelopment@wccnet.edu

Website: https://www.wccnet.edu/start-now/enrich-your-life/seniors.php

Eldercare Locator

The Eldercare Locator is a public service of the U.S. Administration on Aging connecting you to services for older adults and their families.

Phone: (800) 677-1116

Website: https://eldercare.acl.gov/Public/Index.aspx

Elderwise of Southeast Michigan

Elderwise is a nonprofit, independent, lifelong learning organization dedicated to offering continuing education to adults in Southeast Michigan. Visit the website to see the course catalog.

Address: 4624 Packard Rd., Ann Arbor, MI 48108

Phone: (734) 340-4691

Website: http://www.elderwiselearning.org/

Email: elderwiselearning@gmail.com

Evangelical Homes of Michigan

It is the mission of the Evangelical Homes of Michigan, a Health and Human Service Ministry related to the United Church of Christ, to provide health and housing services to person who are elderly in a manner which respects their rights, dignity, and worth as children of God and to render those services with compassion and patience in accordance with the highest professional and ethical standards.

In-Home Services

EHM Senior Solutions offers a full complement of innovative services to those still living in their homes. Services include: Private Duty Home Care, Medicare-Certified Home Care, Continuing Care at Home Program from LifeChoices®, Technology Solutions from LifeChoice Solutions®, Great Living Meals™, and Community Outreach Services.

Website: https://ehmss.org/services/lifechoices-continuing-care-at-home/

Locations

Services include: Assisted Living, Adult Day, Independent Living, Affordable Housing, Memory Care, Long-Term Care & Skilled Nursing, Rehabilitation, Respite Service, and

Hospice. Please view EHM's various locations on the website listed below.

Website: https://ehmss.org/senior-living/

Interested applicants can contact EHM here: https://ehmss.org/about-us/solutions/

Gilbert Residence

Gilbert Residence provides assisted living, memory care, and nursing care.

Address: 203 S Huron St., Ypsilanti, MI 48197

Phone: (734) 482-9498

Website: www.gilbertresidence.com/

Glacier Hills

Glacier Hills offers independent living, assisted living, and memory care. They also offer post-acute care which includes short-term rehabilitation for recovery after illness or injury; long-term care for those who need a more extended stay; hospice services; as well as outpatient therapy and home care options to fit a wide variety of health care needs.

Glacier Hills offers a variety of financial programs to meet your individual needs including two different Life-Care fee plans as well as monthly fee options dependent on your desired living environment and care needs. In addition, Glacier Hills participates in programs such as Medicare and Medicaid as well as commercial and private insurance plans to defray the cost of many of the health care options offered on our campus.

Address: 1200 Earhart Rd., Ann Arbor, MI 48105

Phone: (734) 769-6410

Website: https://www.trinityhealthseniorcommunities.org/michigan/glacier-hills/

Grandparents Raising Grandchildren (GRG)

Grandparents Raising Grandchildren program provides grandparents, and other relatives caring for children, with information about self-care, children's needs, and the assurance that families with generational gaps are not alone. Adults who are caregivers of children under the age of 18 and who live in Washtenaw County are eligible. There are no costs to participate. However, cost-share contributions and donations are accepted. This program is a part of Catholic Social Services.

Address: 4925 Packard Rd., Ann Arbor, MI 48108

Phone: (734) 971-9781 ext 8

Email: jmatthews@csswashtenaw.org

Website: https://csswashtenaw.org/parenting-families/grandparents-as-parents



Heartland Health Care Center

Located next door to St Joseph Mercy Hospital, 4 miles from University of Michigan on East Huron River Drive in Ann Arbor, MI, Heartland provides individualized post-hospital skilled nursing care in a comfortable environment.

Address: 4701 E Huron River Dr., Ann Arbor, MI 48105

Phone: (734) 975-2600

Website: https://www.heartland-manorcare.com/Annarbor

Hillside Terrace

As a family owned and operated retirement home in Ann Arbor, Hillside Terrace focuses holistically on improving and maintaining the well-being of our residents through promoting independence, engaging residents in a stimulating environment, and building a trusting rapport. All medical care provided illustrates superb competency, and is personalized to meet each individual's needs.

Address: 1939 Jackson Ave., Ann Arbor, MI 48103

Phone: (734) 761-4451

Website: www.hillsideterrace.net/

Jewish Family Services

JFS has skilled, sensitive social workers to help meet the physical, emotional and spiritual needs of older adults. They offer counseling, home visits, crisis intervention, transportation, and more. JFS also provides low-cost transportation for older adults (age 60 and up) and people with disabilities. They can ride the CareVan to go to medical appointments, grocery stores, errands, or anywhere else they need to go.

Address: 2245 S. State St., Ste 200 Ann Arbor, MI 48104

Phone: (734) 769-0209

Website: https://jfsannarbor.org/transforming-aging/

CareVan program:

https://jfsannarbor.org/programs-services/transportation-services/

Email: info@jfsannarbor.org

Hours: Mon-Thur, 9am-5pm; Fri, 9am-3pm

Michigan Medicine Visiting Nurses

Michigan Visiting Nurses is a home care provider of skilled nursing and rehabilitation services. Our team provides comprehensive and individualized care to patients and families that may need wound management, infusion care, mediation reconciliation and education, special rehab programs and general nursing.

Address: 2850 S. Industrial Hwy., #75 Ann Arbor, MI 48104

Phone: 1-800-842-5504 or (734) 677-1515

Website:

https://www.uofmhealth.org/conditions-treatments/home-care/michigan-visiting-nurs

es

Home visiting hours: 8am-5pm, 7 days a week / Business hours: Sun-Sat,

8am-5pm

Night Ride

NightRide is a late-night, shared-ride taxi service organized and funded by the Ann Arbor Area Transportation Authority (TheRide). All Night Ride trips must be scheduled by phone reservation. \$2.50 per person with AAATA senior or ADA identification card.

Phone: (734) 528-5432

Website: http://www.theride.org/services/holiday-late-night-service **Hours:** Mon-Fri, 11:45pm-6am; Sat, 10:45pm-8:00am; Sun, 8pm-6:00am

People's Express

The People's Express (PEX) is a low cost Public Transportation Service for townships in Washtenaw County and transfers to a number of bus stops on the AAATA bus route. Most buses and vans are lift-equipped and meet ADA requirements. Reservations must be made at least 3 business days in advance. Call 877-214-6073 between 10:00 AM - 7:00 PM, Monday - Friday to schedule your ride. Call People's Express for a price quotation.

Phone: (877) 214-6073

Website: http://www.peoplesexpressmi.com/

Hours of Operation: Mon-Fri, 8am-5pm (last pick-up is at 4:30pm)

Scheduling Hours: Mon-Fri, 10am-7pm

Sanctuary at St. Joseph's Village

Sanctuary at St. Joseph's Village offers independent and assisted living.

Address: 5341 McAuley Dr., Ypsilanti, MI 48197

Phone: (734) 712-1600

Website:

https://www.trinityhealthseniorcommunities.org/michigan/st-joseph-village/

Senior Learning Opportunities at Eastern Michigan University

The Senior Learning Opportunities at Eastern Michigan University provides Michigan residents age 62 and above the option to audit classes upon instructor's approval. This learning opportunity will offer life enrichment skills that will engage your mind and individuality in various courses at Eastern Michigan University.

Phone: (734) 487-3060 or (800) 468-6368

Website: https://www.emich.edu/admissions/continuing/senior-learning.php

Email: transfer admissions@emich.edu

Senior Planning Medicaid Long Term Care Guide

Senior Planning provides a broad state guide for Medicaid long term care programs nationwide. This resource is free and is compiled by Senior Planning employees. Please use the guide and the supplemental resources provided as an assistive tool to determine the kinds of programs and care that might be available to you. Medicaid programs are very detailed and as the scope of this tool is not all encompassing, we recommend that anyone applying seeks help from local experts before taking action based on the information we provide.

Phone: (888) 844-3080

Website: https://www.seniorplanning.org/long-term-care-medicaid-eligibility/michigan/

Silver Maples of Chelsea

Silver Maples of Chelsea offer independent senior living, assisted living, and respite care.

Address: 100 Silver Maples Dr., Chelsea, MI 48118

Phone: (734) 475-4111

Website: www.silvermaples.org/

St Joseph Mercy Home Care and Hospice

St. Joseph Mercy Home Care and Hospice provides 24/7/365 support, comfort and compassionate care for patients with serious, possibly terminal illnesses. Surrounded by the support of their loved ones, our patients live free of pain in the comfort of their own homes.

Address: 34505 W. 12 Mile Rd, Suite 100, Farmington Hills, MI 48331

Phone: (855) 559-7178

Website: http://www.stjoesannarbor.org/ann-arbor-home-care

The Pines Senior Apartments

The Pines is a community of spacious one and two-bedroom apartments reserved for active, independent adults 55 and older.

Address: 325 Wilkinson St., Chelsea, MI 48118

Phone: (734) 433-9130

Website: https://thepines.mybrio.org/

UM Turner Senior Resource Center

Turner Senior Resource Center (TSRC) houses four Michigan Medicine community outreach programs serving older adults:

- <u>Turner Senior Wellness Program</u> offering health and wellness programs;
- <u>Silver Club Programs</u> offering programming for people with memory loss;
- Osher Lifelong Learning Institute at UM offering lectures, study groups and day trips promoting lifelong learning; and the
- <u>Housing Bureau for Seniors</u> offering housing information, home share, tax assistance and eviction/foreclosure prevention.

Address: 2401 Plymouth Rd., Suite C, Ann Arbor, MI 48105

Hours: Mon-Fri, 9am-5pm **Phone:** (734) 998-9353

Website: http://www.med.umich.edu/geriatrics/community/turner.htm

University Living

University Living offers assisted living, memory care, and social support for seniors.

Address: 2865 S Main St., Ann Arbor, MI 48103

Phone: (734) 228-4203

Website: https://www.provisionliving.com/ann-arbor-mi/

Volunteer Caregiver Respite Program

The program utilizes trained volunteers who provide respite assistance for families caring full-time for a homebound older adult. Volunteers visit with the chronically ill family member two to four hours per week offering relief and personal support for caregivers.

Address: 4925 Packard St., Ann Arbor, MI 48108

Phone: (734) 971-9781

Website: http://csswashtenaw.org/seniors/interfaith-volunteer-caregivers/

Washtenaw Library for the Blind and Physically Disabled

If you or someone you know is unable to read standard type print, unable to hold a book in your hands, or, if you have dyslexia - you are eligible for this service! This free service administered by the Ann Arbor District Library loans books, magazines, and videos in alternative formats (audio books on cartridge or for download, large print, braille books and magazines, and descriptive video) to individuals of all ages who are unable to read or use standard printed materials as a result of temporary or permanent visual or physical limitations.

Phone: (734) 327-4224

Website: https://aadl.org/wlbpd

Email: wlbpd@aadl.org

Washtenaw Literacy

Washtenaw Literacy's mission is to provide free literacy instruction customized to the needs of adults throughout Washtenaw County, utilizing a trained network of volunteer tutors.

Address: 5577 Whittaker Rd., Ypsilanti, MI 48197

Phone: (734) 337-3338

Website: http://washtenawliteracy.org/ Email: info@washtenawliteracy.org

Western Washtenaw Area Value Express (the WAVE)

Western-Washtenaw Area Value Express (WAVE) is a non-profit service organization that exists to provide affordable transportation to older adults, persons with disabilities, and other transit-dependent individuals in western Washtenaw County. Senior or person with Disability (\$2.00 within the city or village limits, \$2.50 outside), Under Age 65 (\$4 within city, \$5 outside).

Phone: (734) 475-9494

Website: http://www.ridethewavebus.org/

Hours: Mon-Fri, 8am-4:15pm

Transportation

Amtrak

You can purchase train tickets online at their website, at a station or by telephone. The train goes to Chicago or to Pontiac, Michigan via Detroit.

Address: 325 Depot St., Ann Arbor, MI 48104

Phone: (800) 872-7245 Website: www.amtrak.com

Ann Arbor Area Transportation Authority (AAATA)

Reduced fare cards are available for low-income persons, senior citizens and people with disabilities. Need a valid proof of Medicaid/Medicare card or written authorization from a participating social service agency for reduced fares.

Address: 2700 S. Industrial Hwy, Ann Arbor, MI 48104

Phone: (734) 973-6500

Website: www.theride.org/Fares-Passes

Holiday & Night Ride: http://www.theride.org/services/holiday-late-night-service

Community Mental Health (CMH) or Project Outreach Team (PORT)

We provide mental health services to adults with a severe and persistent mental illness, children with a severe emotional disturbance, and individuals with a developmental disability, residing in the county.

Among many other programs and services, CMH provides transportation assistance.

Address: 555 Towner St. P.O. Box 915, Ypsilanti, MI 48198

Phone: (734) 544-3050

Website: https://www.washtenaw.org/839/Community-Mental-Health

Hours: Mon-Fri, 8:30am-5pm

Greyhound

Greyhound is the largest provider of intercity bus transportation, serving more than 2,300 destinations with 13,000 daily departures across North America.

Address: 325 Depot St., Ann Arbor, MI 48104

Phone: (734) 662-5212

Website: www.greyhound.com

Hours: Mon-Sun, 7:00am-2:30pm and 4:00pm-11:30pm

Hope Center of Ypsilanti

Hope Center offers bus tokens to patients so that they can get to appointments. Patients must call ahead to receive bus tokens and can obtain bus tokens once every 30 days.

Address: 518 Harriet Street, Ypsilanti, MI 48197

Phone: (734) 484-2989

Website: http://www.thehopeclinic.org/

Hours: Mon-Fri, 8:30am-5:00pm; Sat, 8:30am-11am

Jewish Family Services of Washtenaw County

JFS provides low-cost transportation for older adults (age 60 and up) and people with disabilities. They can ride the CareVan to go to medical appointments, grocery stores, errands, or anywhere else they need to go.

Address: 2245 S. State St., Ste 200 Ann Arbor, MI 48104

Phone: (734) 769-0209

Website: https://jfsannarbor.org/programs-services/transportation-services/

Email: info@jfsannarbor.org

Hours: Mon-Thur, 9am-5pm; Fri, 9am-3pm

Michigan Works!

Michigan Works! can help job seekers finding work through this organization obtain transportation assistance. You need to meet with a career adviser first in order to make sure you have the necessary documents to receive assistance.

Address: 304 Harriet St., Ypsilanti, MI 48197

Phone: (734) 714-9814

Website: http://www.michiganworks.org/

https://www.mwse.org/

People's Express

The People's Express (PEX) is a low cost Public Transportation Service for townships in Washtenaw County and transfers to a number of bus stops on the AATA bus route. Mostour buses and vans are lift-equipped and meet ADA requirements. Reservations must be made at least 3 business days in advance.

Phone: (877) 214-6073

Website: http://www.peoplesexpressmi.com/

Hours of Operation: Mon-Fri, 8am-5pm (last pick-up is at 4:30pm)

Scheduling Hours: Mon-Fri, 10am-7pm

SOS Community Services

SOS Resource Center offers bus tokens and Fare Deal application assistance.

Address: 114 N. River, Ypsilanti, MI 48198

Phone: (734) 485-8730

Website: http://soscs.org/sos-resource-center/

Hours: Mon & Wed, 9am-1pm; Tues 1pm-6:30 pm; Thurs & Fri, 9am-4pm

Shelter Association of Washtenaw County (SAWC)

Bus tokens are provided to homeless clients.

Address: 312 W. Huron St., Ann Arbor, MI 48103

Phone: (734) 662-2829

Website: http://www.annarborshelter.org/

Hours: Mon-Fri, 8:00am-4:30pm

Southeast Michigan Commuter Connect

Southeast Michigan Commuter Connect (formerly MiRideshare) is a trip planning and commuter-matching service that provides a one-stop-shop trip planning tool for improving your commute, whether you carpool, vanpool, walk, bike, or take transit. Through Commuter Connect's easy-to-use interface and mobile app, you can search for all available transportation options for your commute by simply entering an origin and destination.

Website: https://www.commuterconnectmi.com/Public/Home.aspx



WASHTENAW COUNTY RESOURCE GUIDE

Western Washtenaw Area Value Express (The WAVE)

Western-Washtenaw Area Value Express (WAVE) is a non-profit service organization that exists to provide affordable transportation to older adults, persons with disabilities, and other transit-dependent individuals in western Washtenaw County. Senior or Person with Disability (\$2.00 within the city or village limits, \$2.50 outside), Under Age 65 (\$4 within city, \$5 outside)

Phone: (734) 475-9494

Website: http://www.ridethewavebus.org/

Hours: Mon-Fri, 9am-4:15pm

Utilities Assistance

Ann Arbor Thrift Shop

Ann Arbor Thrift Shop provides grants to local agencies and by social worker or nurse referrals for utilities assistance.

Address: 3500 Washtenaw Ave., Suite K, Ann Arbor, MI 48104

Phone: (734) 662-6771

Website: www.annarborthriftshop.org

Hours: Mon, Tue, Thu, Fri, 10am-4pm; Sat 10am-1pm

DTE Energy

DTE Energy works with government agencies and community organizations to bring energy and payment assistance to low-income residents.

If you are behind on your energy bill, please contact DTE before your service is subject to shut off. We will work with you to set up a payment plan or advise you of assistance agencies in your area.

Phone: (800) 477-4747

Website:

https://www.newlook.dteenergy.com/wps/wcm/connect/dte-web/home/billing-and-payments/common/energy-assistance/low-income-programs

Home Energy Consultation Website:

https://www.newlook.dteenergy.com/wps/wcm/connect/dte-web/home/save-energy/residential/incentives+and+programs/home-energy-consultation

Department of Human Services- State Emergency Relief

This program may help low-income households pay part of their heating or electric bills and may help keep their utilities in service or have service restored. Anyone can apply for help. Available year-round.

Address: 22 Center St., Ypsilanti, MI 48198

Phone: (734) 481-2000

Website: http://www.michigan.gov/mdhhs/0,5885,7-339-71547 5531---,00.html

Hours: Mon-Fri, 8am-5pm

Friends in Deed

Friends In Deed has provided utility assistance to residents of Washtenaw County for over three decades. Friends In Deed works with other social service agencies in the community to prevent utility shut off. Not only are families able to keep their water running, lights on and rooms warmed (or cooled depending on the season), they are often able to qualify for a payment plan that allows them to retain a bigger part of their budget for other necessities: food, medical care, clothing, etc.

Address: 1196 Ecorse Rd., Ypsilanti, MI 48198

Phone: (734) 484-4357

Website: http://www.friendsindeedmi.org/

Email: Office@FriendsInDeedMI.org
Hours: Mon-Fri, 9:30am-2:30pm

Internet Advisor

Internet Advisor is a free, online comparison tool that compares the pricing of different internet providers in an area.

Website: https://www.internetadvisor.com/ann-arbor-michigan

Lifeline

Lifeline is a federal program that lowers the monthly cost of phone and internet. Eligible customers will get at least \$9.25 toward their bill. You can only use Lifeline for either phone or internet, but not both. To get Lifeline, find a company near you.

Website: https://www.lifelinesupport.org/

SOS Community Services

SOS Resource Center offers bus tokens and Fare Deal application assistance.

Address: 114 N. River, Ypsilanti, MI 48198

Phone: (734) 485-8730 **Email:** <u>info@soscs.org</u>

Website: http://soscs.org/sos-resource-center/

Hours: Mon & Wed, 9am-1pm; Tues 1pm-6:30 pm; Thurs & Fri, 9am-4pm

Salvation Army

The Salvation Army has emergency assistance funds for those who are having difficulties paying their utility bills. Please call for further details.

Ann Arbor Address:

100 Arbana Dr., Ann Arbor, MI 48103 (734) 668-8353

Ypsilanti Address:

9 S. Park St., Ypsilanti, MI 48198 (734) 482-4700

Website: www.salvationarmyusa.org

United Way of Southeast Michigan

Thanks to a partnership with DTE Energy, eligible consumers may qualify for affordable monthly utility payment plans based on total household income through the Low income Self-sufficiency Plan (LSP).

Phone: (844) 211-4994

Website: https://unitedwaysem.org/utility-assistance/

Hours: Mon, Wed, Fri 9am-5pm



Veteran Services

FreeGrantsForVeterans

Our website provides comprehensive details on grants for veterans. These grants are given away for free, and they could help low income veterans with bills, mortgage, rent, housing, college, and medications. Please note that grants are only given for veterans who can prove financial difficulties. Apply for multiple grants to ensure your needs are met.

We offer information on the following: (1) grants for rent (2) housing assistance (3) help with bills (4) education grants (5) medical bills grants (6) business grants

Website: http://freegrantsforveterans.org/grants-for-veterans-in-michigan/

Hire MI Vet

Hire MI Vet is a community initiative that coordinates and hosts hiring events and other events to open the doors to meaningful employment.

The initiative is a strategic, yet very straightforward approach to helping the men and women who have served our country in the military find employment through a range of employment-related services. We host employment workshops, networking events, and an annual hiring event.

Address:

P.O. Box 8192 Ann Arbor, MI 48107

Website: https://hiremivet.org/

Michigan Ability Partners (MAP) Veteran Services

Michigan Ability Partners (MAP) has partnered with Wayne Metropolitan Action Agency to provide veterans in the Washtenaw County area with the Supportive Services for Veteran Families program (SSVF).

The SSVF program focuses on securing and maintaining housing for veterans who are currently homeless or would be homeless without this assistance. It provides temporary financial assistance and supportive services to help veterans gain housing stability. The goal is for veterans in the SSVF program to remain stably housed after this temporary assistance ends.

Address:

Ann Arbor Office 3810 Packard Road, Suite 260 Ann Arbor, MI 48108

Phone: (734) 975-6880

Website: https://www.mapagency.org/

Michigan Veterans Affairs Agency

This organization provides many benefits to veterans including:

- Benefits for 100% disabled veterans
- Burial benefits and resources
- County Incentive Grants
- Disability Compensation
- Emergency Assistance
- Home Loans
- Law Enforcement Resources
- Pension, Aid and Attendance
- Recreation
- Regional Coordinators
- Veteran License Plates and IDs
- Veterans Community Action Teams
- Veterans Justice

Address:

Phoenix Bldg., 5th Floor 222 N. Washington Square P.O. Box 30104 Lansing, MI 48909

Phone: (800) 642-4838

Email: mvaaresourcecenter@michigan.gov

Website: https://www.michiganveterans.com/

U.S. Department of Veteran Affairs--Homeless Veterans

The VA is committed to ending homelessness among veterans.

Our focus is threefold:

- Conducting coordinated outreach to proactively seek our veterans in need of assistance
- Connecting homeless and at-risk veterans with housing solutions, healthcare, community employment services, and other required supports
- Collaborating with federal, state, and local agencies; employers; housing providers; faith-based and community nonprofits; and others to expand employment and affordable housing options for veterans exiting homelessness

Detroit Community Resource and Referral Center:

301 Piquette Street Detroit, MI 48201

National Phone Numbers:

Benefits: (800) 827-1000 Health Care: (877) 222-8387

VA Inspector General: (800) 488-8244 Veterans Crisis Line: Dial 988 (Press 1)

Website: https://www.va.gov/homeless/

VA Ann Arbor Healthcare System

Mission: Honor America's Veterans by providing exceptional healthcare that improves their health and well-being. Since 1953, VA Ann Arbor Healthcare System (VAAAHS) has provided state-of-the-art healthcare services to the men and women who have so proudly served our nation. We consider it our privilege to serve your healthcare needs in any way we can. More than 69,000 veterans living in a 15-county area of Michigan and Northwest Ohio utilized the VAAAHS in fiscal year 2017.

Address: 2215 Fuller Road, Ann Arbor, 48105 Phone: (800) 361-8387 or (734) 769-7100 Veterans Crisis Line: Dial 988 (Press 1) Website: https://www.annarbor.va.gov/

Veteran Haven of Hope House

The Veterans Haven of Hope House is a two-year transitional housing program for homeless veterans, which provides individualized services to help transition them back into mainstream society. Veterans Haven of Hope House is operated by the Salvation Army of Washtenaw County. Services provided include:

- Free housing
- Individualized case work services
- Weekly meetings with caseworkers
- Continuing education

Address: 809 Henry Street, Ann Arbor, MI 48104

Phone: (734) 668-8353

Website:

https://michiganlegalhelp.org/organizations-courts/community-services/veterans-have n-of-hope-house

Wadhams Veteran Center

The Wadhams Veterans Center at Washtenaw Community College was created to serve all former and current active-duty military personnel, spouses, and dependents of veterans, and students in the National Guard or Reserves. The center seeks to integrate veterans into the college community by helping with their transition and offering any assistance veterans may need.

Services provided include:

- Academic Advising
- A space to get to know fellow students
- Computers for school use
- School certifying official

Address: WCC Student Center 206, 4800 E. Huron River Drive, Ann Arbor, MI 48105

Phone: (734) 477-8560 Email: veterans@wcc.net

Hours: Mon-Thurs, 8am-5:30pm; Fri 8am-12pm

Website: https://www.wccnet.edu/succeed/vetcenter/index.php

Washtenaw County Veterans Affairs

The Washtenaw County DVA can help veterans, their survivors, and dependents file claims for benefits from Federal, State of Michigan, and local governments that may results with the following:

- Disability Compensation
- Education Assistance
- Financial Assistance for
 - Food
 - Housing
 - Medical
 - Transportation
 - Utilities
- Funeral and Burial Reimbursements
- Home Long Guarantees
- Insurance
- Pension

Address: 2155 Hogback Road, Ann Arbor, MI 48108

Phone: (734) 973-4540

Website: https://www.washtenaw.org/959/Veterans-Affairs



Youth and Families

Ann Arbor Baby Beginnings

Ann Arbor Baby Beginnings is dedicated to providing evidence-based education and support to new families. We offer childbirth education and newborn care classes in both group and private formats, as well as new moms groups and support for families in the pregnancy and postpartum period. Our goal is to help families work with their healthcare providers to make informed decisions about pregnancy, labor, and early parenting. All of our instructors are Lamaze Certified Childbirth Educators (LCCE) and our classes generally adhere to the Lamaze International philosophy of pregnancy, birth and parenting.

Phone: (734) 221-0158

Website: http://www.annarborbabybeginnings.com/home-rover/

Email: info@annarborbabybeginnings.com

Ann Arbor Birth & Family

Ann Arbor Birth & Family provides unparalleled birth and postpartum doula services, birth and early parenting education, and perinatal counseling to empower and instill confidence as you navigate pregnancy, birth, and adjustment to life with your new baby.

Address: 4555 Connor Ct., Ypsilanti, MI 48197

Phone: (717) 542-6925

Website: https://www.annarborbirth.com/

Ann Arbor Rec & Ed

Ann Arbor Rec & Ed offers classes, activities, camps, and sports for all ages.

We're proud to offer scholarships to members of the AAPS community who receive Free/Reduced Meals or meet specific HUD income guidelines and residency requirements. View the Fee Waiver/Fee Discount Program page for more information.

Address: 1515 S. 7th St., Ann Arbor, MI 48103

Phone: (734) 994-2300

Website: https://www.a2schools.org/reced

Fee Waiver/Fee Discount Program: https://www.a2schools.org/recedscholarships

Ann Arbor YMCA

The Ann Arbor YMCA offers child care programs and after school programs for both children and teens.

Address: 400 W Washington St., Ann Arbor, MI 48103

Phone: (734) 996-9622

Website: https://www.annarborymca.org

Hours: Mon-Fri, 5:30am-8pm; Sat, 7am-4pm; Sun, 9am-6pm

Birthday Smiles for Kids

Professionals in social services contact us about boys and girls in need and give us the child's age and information that could help us select a great present.

We buy:

- Presents for the birthday child
- Small gifts for siblings
- Party decorations and plates
- A birthday cake and ice cream

We handcraft:

• A custom birthday Wish Candle

We deliver:

- All gifts to the professionals who referred the child or to families in a public place
- There is no charge for our service

Website: https://www.birthdaysmilesforkids.org/

Bridges4Kids

Bridges4Kids is a non-profit organization providing an internet-based system of information and referral for parents and professionals seeking help for children from birth through transition to adult life.

Website: https://www.bridges4kids.org

Catholic Social Services

Catholic Social Services offers free pregnancy and adoption counseling, family therapy, family and grandparent programs and many more.

Address: 4925 Packard St., Ann Arbor, MI 48108

Phone: (734) 971-9781

Website: http://csswashtenaw.org

Child Care Network

The Child Care Network offers family support scholarships for families who need help finding child care, a lending library that houses books and CD's for parents and children, and many other resources.

Address: 3941 Research Park Dr., Suite C, Ann Arbor, MI 48108

Phone: (734) 975-1840

Website: http://www.childcarenetwork.org

Children's Literacy Network

The Children's Literacy Program offers several reading programs to children in Washtenaw County and provides free books to families.

Address: 1100 N Main St., Suite 207, Ann Arbor, MI 48104

Phone: (734) 255-3997

Website: http://www.childrensliteracynetwork.org

Department of Health & Human Services- Washtenaw County

DHS provides cash and food assistance, child support, child care, and emergency services focused on families and children.

Address: 22 Center St., Ypsilanti, MI 48198

Phone: (734) 481-2000

Website: https://www.washtenaw.org/1542/Health-Human-Services

Ele's Place

Ele's Place is a healing center for grieving children and teens. Each week, peer support group programs help hundreds of children and teens learn how to cope and begin to heal after the death of a parent, sibling or other loved one.

Address: 5665 Hines Drive, Ann Arbor, MI 48108

Phone: (734) 929-6640

Website: http://www.elesplace.org

Fetal Alcohol Spectrum Disorders (FASD)

The National Organization on Fetal Alcohol Syndrome (NOFAS) is a voluntary, non-profit, service agency dedicated to eliminating birth defects caused by alcohol consumption during pregnancy and improving the quality of life for all those affected by fetal alcohol syndrome.

Website: https://fasdunited.org/

First Steps- Ann Arbor

First Steps provides information, support, and encouragement parents need to help their children develop optimally during the crucial early years of life. Open to families with children from birth-kindergarten entry. You may apply through Rec & Ed for a 50% or 100% scholarship for a class with First Steps.

Address: 2775 Boardwalk Dr., Ann Arbor, MI 48104

Phone: (734) 994-2300 x53186

Website: http://hyde140.wixsite.com/first-steps-annarbor

Foundations Preschool

Foundations Preschool prepares children from low-income households for future academic and social success while providing their parents opportunities for professional, personal, and parental growth. Foundations Preschool offers the highest quality education and care on an affordable sliding scale.

Address: 3770 Packard St., Ann Arbor, MI 48108

Phone: (734) 677-8130

Email: info@foundations-preschool.org

Website: http://www.foundations-preschool.org

Hours: Tue-Fri, 7:30am-5:30pm

Grandparents Raising Grandchildren (GRG)

Grandparents Raising Grandchildren program provides grandparents, and other relatives caring for children, with information about self-care, children's needs, and the assurance that families with generational gaps are not alone. Adults who are caregivers of children under the age of 18 and who live in Washtenaw County are eligible. There are no costs to participate. However, cost-share contributions and donations are accepted. This program is a part of Catholic Social Services.

Address: 4925 Packard Rd., Ann Arbor, MI 48108

Phone: (734) 971-9781 ext 8

Email: <u>jmatthews@csswashtenaw.org</u>

Website: https://csswashtenaw.org/seniors/grandparents-raising-grandchildren/

Great Start to Quality

This website helps families find the best early learning settings for their children.

Phone: (877) 614-7328

Website: https://www.greatstarttoquality.org

Hope Clinic

Hope Clinic provides emergency diapers, wipes, baby food, and formula as available. Walk-in: Wednesdays 5:30-7:30pm and Thursdays 2-4pm, no appointment necessary.

Address: 518 Harriet St., Ypsilanti, MI, 48197

Phone: (734) 484-2989

Website: http://www.thehopeclinic.org/social-work

Hope Family Services

Hope Family Services of Southeastern Michigan is dedicated to providing evidence-based education services that advocate for the healing of families and individuals by strengthening and enhancing parenting, communication, stress reduction, resource connection, support systems, and anger management skills. There are classes available for both teens and adults.

Address: 2566 Arrowwood Trail, Ann Arbor, MI 48105

Phone: (734) 775-2476

Website: http://hopefamilyservicesmi.org

Judson Center

Judson Center provides expert, comprehensive services that strengthen children, adults and families impacted by abuse and neglect, autism, developmental disabilities, and mental health challenges so they are successful in their communities.

Address 1: 3840 Packard Rd., Suite 170, Ann Arbor, MI 48108

Address 2: 3917 Research Park Drive, Suite B-1A, Ann Arbor, MI 48108

Phone: (734) 528-1692 or (734) 794-2930

Website: http://judsoncenter.org

La Leche League- Ann Arbor

La Leche League- Ann Arbor provides support, encouragement, information, and education to women who want to breastfeed.

Phone: (442) 229-0327

Website: https://lllaa.weebly.com/

Lifespan Doulas

Formerly The Center for the Childbearing Year, Lifespan Doulas trains doulas and provides a directory for registered doulas in Michigan.

Address: 217 Sunset Rd., Ann Arbor, MI 48103

Phone: (734) 663-1523

Website: https://lifespandoulas.com/find-a-doula/

MI Bridges

The MI Bridges website lets individuals apply for the Child Development and Care (CDC) program, which helps pay for childcare costs. The website allows you to apply for different benefits, manage your case and explore resources.

Website: https://newmibridges.michigan.gov

Maternal Infant Health Program

The Maternal Infant Health Program provides home visitation support and care coordination for pregnant women and infants on Medicaid. To find a MIHP provider, click on the MIHP Coordinator Directory.

Phone: (734) 544-2984 or (734) 544-9749 or ask your doctor for a referral

Website: https://www.washtenaw.org/1828/Maternal-Infant-Health-Program-MIHP

http://www.michigan.gov/mihp

Mott Buckle Up Program

The Buckle Up Program provides car seat safety education, low-cost car seats to families with proof of low income, and car seat fitting stations throughout Washtenaw and Livingston Counties. Car seat fittings can be made by appointment.

Phone: (734) 763-2251

Website: https://www.mottchildren.org/about-us/mott-buckle

Mott Support Services

From our team of specialists trained to help your child cope with difficult medical procedures to spiritual guidance in time of need, we're here to support you each and every step of the way.

In this section you'll find information about Mott support groups and programs available to you and your child. You'll also find information about resource centers, interpreter services, child activities and in-hospital schooling.

- Child and Family Life
- Family Center
- Grief Assistance
- Interpreter Services
- Massage Classes
- Nutrition
- Palliative Care
- Patient and Family Centered Care
- Psychologists
- Schooling
- Social Work
- Spiritual Care
- Support Groups and Programs
- Therapaws

Website: https://www.mottchildren.org/mott-support-services

Ozone House

Ozone House offers crisis intervention for youth; an emergency shelter (SafeStay) for homeless youth or youth needing to get away from a conflict at home, job-training; and school support for homeless and high-risk youth. They also have a drop-in center for youth 13-20 where they can eat a hot meal, use the shower or laundry, hang out in a safe place, and get help.

Address: 1600 N. Huron River Drive, Ypsilanti, MI 48197

Phone: (734) 662-2265

Crisis Line: (734) 662-2222

Drop-in Center address: 102 N. Hamilton, Ypsilanti, MI 48197

Phone: (734) 485-2222

Hours: Mon-Fri 9am-5pm

Website: http://ozonehouse.org

Regional Alliance for Healthy Schools

The Regional Alliance for Healthy Schools (RAHS) provides school-based programs and clinical services that improve the well-being of students, their families, and their communities. In addition to direct physical and mental health services, RAHS offers three comprehensive health intervention programs targeting substance use and abuse, childhood obesity, and asthma, as well as after school programs that offer mentoring and youth leadership opportunities.

Address: 3621 S. State Street, Ann Arbor, MI 48108

Phone: (734) 998-2163

Website: https://umhs-rahs.org/

Regional Alliance for Healthy Schools (RAHS) School-Based Health

Centers:

Lincoln High School

7425 Willis Road, Room 304, Ypsilanti, MI 48197 (734) 714-9600

Lincoln Middle School

8744 Whittaker Road, Room 812, Ypsilanti MI 48197 (734) 714-9509

Pathways to Success Academic Campus

2800 Stone School Road, Room 112, Ann Arbor, MI 48104 (734) 973-9167

Scarlett Middle/Mitchell Elementary School

3300 Lorraine Room 204, Ann Arbor, MI 48108 (734) 677-2708

Ypsilanti Community High School

2095 Packard Road, Room 403, Ypsilanti, MI 48197 (734) 221-1007

Ypsilanti Community Middle School

510 Emerick St., Ypsilanti, MI 48198 (734) 221-2271

The Breastfeeding Center of Ann Arbor

The Breastfeeding Center of Ann Arbor provides accurate breastfeeding information and emotional support for mothers.

Address: 2300 Washtenaw Ave, Suite 200,, Ann Arbor, MI 48104

Phone: (734) 975-6534 **Website:** http://bfcaa.com

The Education Project

The Education Project is a joint project of the Washtenaw Intermediate School District and Ozone House that works to ensure students experiencing homelessness and temporary living situations enroll, regularly attend, and succeed in school.

Address: 1819 S. Wagner Rd., Ann Arbor, MI 48103

Phone: (734) 994-8100 x1518

Website:

https://www.washtenawisd.org/our-collaborations/community-school-partnerships/education-project/

Washtenaw Area Council for Children

Washtenaw Area Council for Children offers educational services and programs for children, teens, parents, community members, and youth-serving professionals.

Address: 3075 W Clark Rd. #110, Ypsilanti, MI 48197

Phone: (734) 434-4215

Website: https://www.washtenawchildren.org

Email: info@washtenawchildren.org

Washtenaw Success by 6

Washtenaw Success by 6 provides resources to parents to help every child be prepared to enter school. The website has a Parent Resource Directory with topics such as Child Care & Preschool and Community Activities for Children.

Address: 1819 S Wagner Rd., Ann Arbor, MI 48103

Phone: (734) 994-8100

Website: http://washtenawsuccessby6.org